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Cathays Monthly Update – August 2020

Check out the regular events on the Y/C calendar: ***www.yourcathays.org.uk***

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August comments:

Cathays (and rest of Cardiff) slowly re-opens!

With many (not all) pubs reopening tomorrow – I encourage everyone to go easy. Believe I just want to run down the pub!

I miss a lot of people who I have not been able to see for months (as many of you feel the same about your friends and families) and still a lot of people who I can not get hold of which is disconcerting – as your neighbours can not reach these people either!! I am aware of 3 death during the last 3 months yet unknown if COVID-19 related or not.

I will just be relieved to see a lot of you in the coming months, as I am sure many of your neighbours will be glad to see you too. Let's be sensible …… let's watch out for each other.

Food caddie bags / Green recycling bags:

The library, the council (and a few residents) have left a few boxes of Food Waste and recycling bags at Co-Op Crwys near the counters. Just ask the staff for them.

The Library will re-open – please adhere to instructions when you are in there!

Pink bags …..

A few residents are still doing their own litter picks and clean ups with pink bags (only a few left) which we must remind your – once you fill the pink bags – leave it next to a public council bin please!!

Excess of Red/Cream Waste bags?

A few residents have been in touch to say they have an excess of the red/yellow waste bags. PLEASE keep hold of these. Council resources will be stretched and when the students return (in some form) come September you may end up lending a few out to the students when they return.

Many of you have led by example on this, helping them out – and by leading by your example; things are better and the students appreciate your support!

Cardiff Days Gone By:

With 23,000 members - this has proved a very popular FB site; https://www.facebook.com/groups/1825683337761018/. People sharing images of Cardiff over the years – and many fond memories too. Incredible pictures of late 19th century to the early 21st Century !!

Another Grow House smashed!

Your local Police have shut down another Drugs Grow house at 52 Rhymney Street.

Thanks to everyone who have relentlessly reported their suspicions. Cathays has become quite formidable as many of you have kept up the strength to report crime and suspected crime in the locale.

As we better connect on a street by street basis, we get stronger as a community and more observant of potential nefarious activities.

Please keep giving to the Foodbanks across Cathays

Deposit in Foodbank Boxes at Sainsbury's, Lidl, Co-Operative – Cardiff Foodbank most needed items are:

SPONGE PUDDINGS
CUSTARD (TINNED)
SWEET TREATS (CHOCOLATE/SWEETS)
TOILETRIES: SHAMPOO / SHOWER GEL / DEODORANTS / SOAP

Please can you donate? Every single donation helps a great deal in these difficult times for some desperate people!

Thankyou

Cardiff Foodbank

Next Door Website:

www.nextdoor.co.uk

A few hundred residents in Cathays are signed up to Next Door; which has been a good tool to ask for/offer help under current lockdown.

This website is free, if you put a message out – you can choose whether it can go to just Cathays residents (or/and wider immediate surrounding 8 districts around Cardiff)

Social Media:

PLEASE SEARCH FOR:

- Connect Cathays -
- Cathays Compass -
- Keep Cathays Tidy -
- Your Cathays -

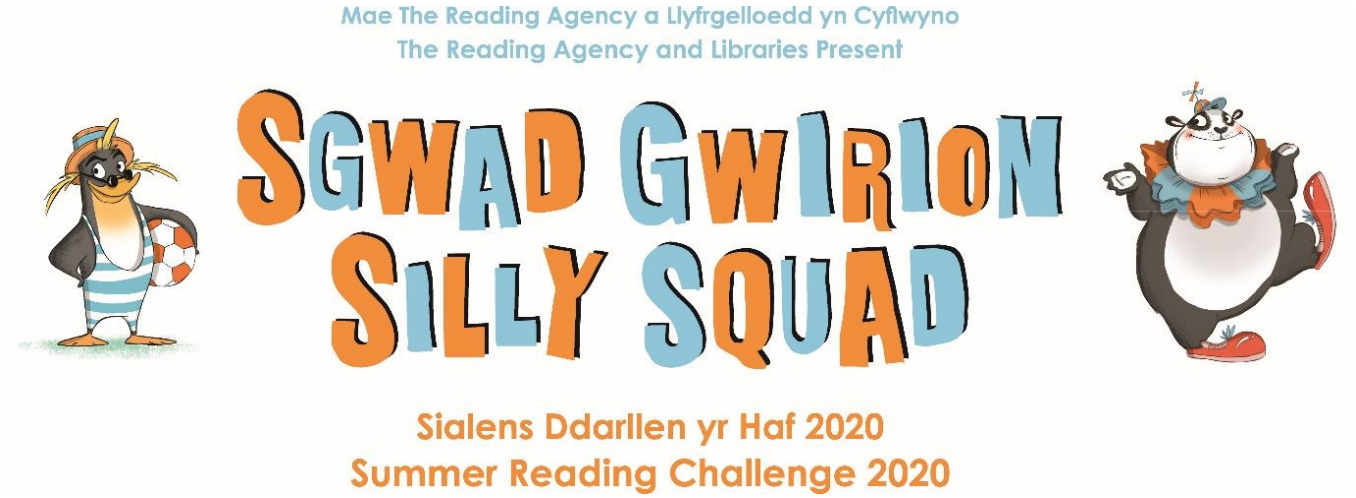
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"Creative Craft Collective": Locally made greetings cards in Cathays!



Cathays Library – the Summer Reading Challenge 2020!

The Summer Reading Challenge launched in Wales on Friday! This year's Summer Reading Challenge theme is Silly Squad, a celebration of funny books, happiness and laughter and encouraging fun, imagination and creativity. The Summer Reading Challenge will be digital in 2020, with activities, reading recommendations, and registration taking place online at https://Summerreadingchallenge.org.uk and https://cymru.summerreadingchallenge.org.uk/



The Summer Reading Challenge benefits children by keeping up their reading levels over the summer as well as increasing their confidence in choosing, reading and discussing books. This year the Summer Reading Challenge will also be offering children something recognisable in a changed world.

For more information about the Summer Reading Challenge from Cardiff Libraries and Hubs, visit https://www.cardiff.gov.uk/summerreading

https://www.cardiff.gov.uk/darllenyrhaf

Or follow Cardiff Library Service on Facebook and Twitter for the latest information about the Summer Reading Challenge 2020

Facebook English https://www.facebook.com/cardifflibraryservice/

Facebook Welsh https://www.facebook.com/gwasanaethllyfrgelloeddcaerdydd/

Twitter https://twitter.com/cdflibraries

Svago Restaurant (Crwys Road) RE-OPENING (and still offering take out!)

svago*

Italian Kitchen and Pizzeria

TAKE OUT AVAILABLE
ORDER & COLLECT

WE WILL RE-OPEN OUR DOORS FOR DINE IN

TUESDAY, AUGUST 4th

WE RECOMMEND YOU BOOK A TABLE

We're all registered for the Eat Out to help out scheme too, so from Tuesdays-Wednesday in August you will get 50% off food and soft drinks when you eat in (Max £10 per diner)



153-155 Crwys Road,
Cardiff, CF24 4NH

02920 232261

info@svago.co.uk
www.svago.co.uk

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The Happiest Brownie – delivered to your door !!

Facebook page: ***https://www.facebook.com/thehappiestbrownie/***



Email: ***thehappiestbrownie@gmail.com***

Quality homemade brownies, made using fresh ingredients, for powerful flavour hits.

Made in Cathays, Cardiff!

Delivered through your letterbox

Level 2 Hygiene and Safety for Catering Certificate held.

Thanks for supporting a small business

#thehappiestbrownie #prisewinners #postalbrownies #eatoneshareone #compwinners



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Rate your landlord in Cathays & wider Cardiff!!

Website: ***https://rateyourlandlordcardiff.com/***

Facebook page: ***https://www.facebook.com/groups/rateyourlandlordcardiff/***

The terrible feedback from our families, our students/postgrads and our young 21-45 year old professionals over the last 3 decades has been awful (to say the least) and a large minority of landlords are getting away with it.

If everyone gives feedback on their HMO [House of Multiple Occupancy] experiences it will give a much more accurate depiction of what is happening in Cathays (and wider Cardiff) on the good/bad landlord level.



This website was created for you to have your say!

- Praise the efforts of the good proportion of positive landlords
- Raise awareness of the large minority of negative landlord activities!
- Raise awareness of the large minority of negative of Letting Agencies
- Help prospective families moving back into the area
- Help young professionals who are moving into the area
- Help other prospective tenants from Halls
- STOP the exploitation!!!

Your voice counts!!

Praise the good landlords and keep them in business!!

Punish the bad landlords and make them pull their socks up!!

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Dementia support – Marie Curie reaches out to Cathays Organisations!

‘How can I help my customers and staff who are affected by dementia, particularly now?’

Have you been wondering something similar?



Marie Curie is supporting businesses across Cardiff to become dementia friendly, as part of the Dementia Friendly Communities initiative created by Alzheimer’s Society.

You will be provided with resources to decide on some simple, cost-effective changes you can make to your business. These could include your premises or accessing some free awareness raising for your staff.

Making these changes will give you the opportunity to promote yourselves as ‘Working to become Dementia Friendly’, just as Simon Constantinou Hair Salon on Crwys Road has done recently. This means people in the local community affected by dementia can use your services - with confidence – and you can be confident you are helping to make a difference.

To find out more, please email
ingrid.patterson@mariecurie.org.uk

Yn gweithio i fod yn Dementia Gyfeillgar 2020 - 2021

Working to become Dementia Friendly

Marie Curie
Gofal a chefnogaeth drwy salwch terfynol
Care and support through terminal illness

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The Cardiff Reuse Project – build connections/reduce waste streams!!

Facebook page: ***https://www.facebook.com/groups/cardiffreuseproject/***

This exciting project could run for years (we hope) where people can give their stuff away for free – babies pram, three piece suite, bike, sandpit etc. the list is endless!! Give your unwanted items a new home!

Your free giveaway will help others!!



This is your chance to get rid of items that you would rather not go to landfill

1) Find a good home for your decent (yet unwanted goods!

2) Join the group

3) List your item on the group – let the freebie collector contact you then organise time/date for your product to get pick up and taken to it's new home!

! ! Please share ! !

We have so many people who need basic needs products for their homes – you can help them by listing your unwanted items on this page!!

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Vulcan Lounge – Open in August !!

Link: ***https://www.facebook.com/TheVulcanLounge/***



Kyle - Manager of the Vulcan Pub

Sherman Theatre – Heart of Cardiff – tell YOUR story!!

Please email: ***artistdevelopment@shermantheatre.co.uk***



Sherman Theatre is looking for writers connected to Cardiff to tell their stories about their city for its audio theatre season **Heart of Cardiff** this autumn. Whether you are from here or based here, we want to hear your story. If you don't have a connection to Cardiff we'd be really grateful if you could let friends or colleagues you think might be interested in this know about this opportunity.

What do we mean by 'writer'? We mean anyone who tells a story. You could be a playwright, a musician, a documentary maker or a spoken word artist to name but a few. Whatever medium you work in, if you have a story to tell about Cardiff then we want to hear from you.

The selected stories will be told as Audio Theatre Experiences. You can interpret that to mean whatever you like: from a radio drama, to a musical, to a concept album, to an audio documentary, or anything else in-between. The only rule is that the story telling medium is sound, not visual.

Some things to think about: Think about form. We want to offer as many diverse stories in as many diverse ways as possible. Think about tone. What kind of story do you want to share at the moment? Can it be entertaining and give an emotional gut punch?

Think about length. Each story can be no less than 10 minutes and no more than 20 minutes.

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Think about language. We want stories told in Welsh, in English, in both and in other languages.

If this sounds like a project for you then please submit a paragraph pitch (of no more than 500 words) outlining the story you want to tell, your connection to it, and your idea for how it would be presented as an audio theatre experience. Please fill in this form to submit your paragraph and other information by 5.00pm on Thursday 23 July.

Important information:

Writers selected for this project will receive a fee.

At least two of the selected stories will be told in the Welsh language.

There will be dramaturgical support for developing writers.

This is an opportunity that storytellers at any stage in their career can take advantage of.

If you have any queries please email artistdevelopment@shermantheatre.co.uk

This project was made possible through funding from the Arts Council of Wales's National Lottery Fund.

We look forward to hearing about the story you want to tell.



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Cat neutering and microchipping for a £ FIVER !!!

Website link: ***https://www.cats.org.uk/what-we-do/neutering/neutering-campaigns/walescampaign***

Under the campaign you can get your pet cat neutered & microchipped for just £5-00p!

Wales Neutering campaign

The guidelines for eligibility for neutering assistance apply to one or more of the following; receipt of certain means-tested benefits, low household income, full-time students living away from home, state-only pension and pension credit. Proof of eligibility will be required by the vet in order to participate in the scheme.

The scheme is available directly via the participating vets, contact details can be found on the map below. You can enlarge the map and search using your postcode by clicking in the top right corner, or zoom in and out and click on the pins for the contact details of your nearest vets.

Alternatively, if you are having difficulties using the map to find your nearest vet, or wish to discuss the criteria for eligibility, please contact the Neutering team directly on ***03000 12 12 12*** (option 2) *Monday to Friday, 9.30am – 1pm*.

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September 2020 – Cathays Monthly Update – please get your posters/invites in!

What's happening with the three universities?

Once we know for sure what is happening at the Universities – we'll share information with you.

What we do know is our families who work there are working towards setting up enrolment (as per usual) – many lectures for Semester A will be online, then more 'in person' lectures come Semester B.

What this means for local businesses, the landlords etc – is open to interpretation on whether all the students come back or not in one go.

If I hear anything, I'll make sure I share it out. The sooner we all know the better ….

WHEN our students do return – I know there are a significant amount of our families who always make them welcome and create a positive relationship with many of them, saying they will take the student post/parcels in if they in lectures (and we ask the same of them for us too when we in work) and I know many of you give them a few cream/red bags to help tie them over – in case they are short.

Together – we will all make Cathays work better together !!!! ***We are still NOT out of the clear – so please everyone continue cautiously as you have done for the last few months!!***

Regards,

Paulus

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