www.cathays.org.uk www.ConnectCathays.org.uk www.davius.co.uk www.CathaysCompass.org www.YourCathays.org.uk search: Cathays PACT

Cathays Monthly Update – January 2021

Check out the regular events on the Y/C calendar: ***www.yourcathays.org.uk***

Contents

January comments: 2

Want to help our neighbours in Cathays? 2

Hardcopy of the 11th 'Your Cathays' 2

Co-Op Causes supporting Cathays: 2

Where's your evidence? A surprise find! 2

Get your ideas in for community projects !! 2

Jan: Foodbank across Cathays 2

Get registered to vote! 2

Saying goodbye [and hello!] to our neighbours (a few people sadly passed): 3

Get your business adverts in the 'Love_Cathays' Magazine !! 4

Using the Cardiff Council App: Please report everything !! 5

Cathays Compass Community Insurance: 6

Against all Odds – men's mental health support group: 7

Food offers for low income individuals / families @ 'the Table': 8

Repair Café Cathays – January pick-ups of your broken items ! ! 9

February 2021 – Cathays Monthly Update – please get your posters/invites in! 10

www.cathays.org.uk | www.ConnectCathays.org.uk | www.davius.co.uk | www.CathaysCompass.org | www.YourCathays.org.uk | search: Cathays PACT

January comments:

Want to help our neighbours in Cathays?

If you need help, or wish to OFFER help in locale – please use the social media with pages such as:

FB Cathays Residents: **https://www.facebook.com/groups/CathaysResidents**

FB Connect Cathays: ***https://www.facebook.com/groups/ConnectCathays***

Next Door Cathays – **www.nextdoor.co.uk**

If you wish to put a poster in the February Cathays Monthly Update – then please do submit your content by 25th January 2021. Thank you.

More than ever we need to pull together. Do you have an excess of bin bag rolls to share? Can you cook a meal for a nearby neighbour on your street a meal? Can you drop stuff at skip for another family? Your offers to your community are important.

Hardcopy of the 11th 'Your Cathays'

Don't give up on me just yet – still re-writing the content over last 12 months – with so much changing every months; it is important to ensure the information is accurate and of use on long term and will not be voided within mere weeks due to COVID changes etc.

I hope to double the email addresses from 550 ish families to nearer 1,100 families/residents in order to raise profile of all the amazing things happening in Cathays and encourage more cohesion in your community!

Co-Op Causes supporting Cathays:

Will keep hinting – both Gladstone Primary School and Cathays Compass will gain from the community fund in 2021 run by Co-Op! Every time you use your Co-Op members card a donation will go to these two worthy causes!!

Where's your evidence? A surprise find!

I literally fell of the chair when archiving folders for scanning, copying, updating, shredding etc. when I found all the original hand-written ideas/feedback from the residents local survey 6 years ago from a project that was very sadly ripped off – in fact is was double hijacked by some opportunist 30 something millennials – then the infamous local politico's.

What should have been a pure community project was utterly perverted into a vanity project with 90% of what the residents requested being ignored in favour of some real shameless self-promotion of opportunist who do not live in Cathays!

The initial resident's original data will be scanned and put up on the newsletter website in the coming months, so you can make your own decision on what you think happened with an infamous project from mid-2010's. Finding this evidence was a much-needed shot of positive invigoration – and the truth can be shared on what really was a horrible community experience which should never have been allowed to get out of control on so many fronts! This can never happen ever again!!!

Get your ideas in for community projects !!

We may be on lockdown in Tier 4 circumstances, yet the world is still turning and we wish to explore numerous community projects across all of Cathays in 2021/22/23….

Please do get in touch with your ideas of what you may wish to develop in the coming years.

The chances are, your neighbours have the same thoughts as you and we should encourage more linking up of these like minded people!!

Jan: Foodbank across Cathays

Deposit in Foodbank Boxes at Sainsbury's, Lidl, Co-Operative etc. – Cardiff Foodbank are currently FULLY STOCKED !!

EVERYONE'S GENEROSITY OVER DECEMBER HAS RESULTED IN THIS!

Please be aware this could change very quickly in February – so please check out the Cardiff Foodbank link:

https://cardiff.foodbank.org.uk/give-help/donate-food/

Every single donation in 2021 will help a great deal in these difficult times!

Thank you to all who contribute!

Gauri – Cardiff Foodbank

Get registered to vote!

https://www.gov.uk/register-to-vote

A few people are not aware the voting set-up has changed. Please make sure you are regsitered to vote!

There are two elections coming up with the 'Senydd 2021 election' and Local 'Councillor 2022 elections' – you can all create change with your vote – please ensure you are registered to vote !! Your voice counts!!

Cathays Monthly Update:

Please encourage your neighbours to sign up:
mail@yourcathays.org.uk

Saying goodbye [and hello!] to our neighbours (a few people sadly passed):

It was saddening for the immediate neighbours from several streets to find out we had a few deaths in 2020 (before you ask - NO it was ***not*** the virus before anyone gets overly concerned!)

These residents were long term locals and cared about, a great deal by their neigbours in Cathays. They will be missed.

Tony from *Gladys Street* passed away peacefully in late summer 2020, a long term resident with local close links. Much love and respect for a good man who supported the locale.

Moe from *Catherine Street* died in late autumn 2020, this was a shock to the nearby neighbours as Moe was a young man. Moe was renowned for being a quiet, kind neighbour and will be missed by friends/neighbours.

Philip from *Rhymney Terrace*. Sadly passed after battling with an illness. You would always see him walking up the small Terrace on his frame. Philip was an avid researcher at Cathays Library – always trawling through the archives etc. he long lobbied to get a Zebra crossing put in at Woodville Road which connects with Rhymney Terrace.

Mary [Elizabeth Mary Highes] from *Llantwit Street*, celebrated her 100th birthday on June 15th and passed peacefully in December. Originally from West Wales Mary moved to Cathays in the early 1950's (living in Cathays for over 60 years)

Mrs Hughes was a trained seamstress and originally worked in a clothes shop in Cardiff. Then working as a manager at Royal Worcester Concession (in Howell's) for over 30 years! Mary never married, nor had children but had a very good friends and close neighbours who will miss her a great deal.

(Thanks to Stefania, Viv, Alison, Craig for helping to write the above content!)

New births:

Impossible odds – yet a local mother who is a cancer survivor and was told some time ago that it would impossible to ever have children after healing from the cancer; has defied all odds and successfully gave birth to a very healthy baby in 2020. Cannot say who (respect & privacy) – yet the moral of the story is *'against all odds; life endures!'* What a beautiful ending in 2020/beginning in 2021 and the immediate caring neighbours are elated by this very positive news!! Congratulations hero mum (and dad) !!

Before anyone jumps and declares a falling population I kindly remind you that we've had approximately 65-70 babies born into Cathays in the 2010's (hence the nurseries full up and inevitably the Primary Schools will see an increase in their numbers in due course!)

Get your business adverts in the 'Love_Cathays' Magazine !!

Link: ***https://www.facebook.com/Love_Cathays-111946593963001***

Instagram: ***https://www.instagram.com/love_cathays/***

The first 6 of 8 residents contributions are in now – and will be the community content of the 'Love_Cathays' magazine (we've greatly enjoyed reading the residents stories of 'Cathays today' or 'Cathays in 2020'!) and still have a few places for adverts to go in the pages.

Eva is looking for the next 8-16 neighbours to write content of 'your life in Cathays' for the 2nd and 3rd magazine!

Once you all read the first magazine and what your neighbours have produced in it, this will motivate more of you to write content for successive 'Love_Cathays Magazines'.

Get your business profile raised in the locale!

The magazine will run to 3,000 copies – consisting of 20 pages of resident's stories, local business adverts – which will gain a large audience base! In 2021 we need to raise the profile of ***all*** the local businesses across Cathays in order to keep them going! Help get your business name out there!!

To enquire into costs for the advertising in 'Love_Cathays Magazine' please contact: ***love_cathays@yahoo.com***



Eva – 'Love_Cathays' Magazine founder

Using the Cardiff Council App: Please report everything !!

LINK: ***https://www.cardiff.gov.uk/ENG/resident/cardiff-gov-app/Pages/default.aspx***

Binfo CARDIFF



Introducing the Cardiff Gov App!

Apple: ***https://apps.apple.com/us/app/cardiff-gov/id1377548580?ls=1***
Android: ***https://play.google.com/store/apps/details?id=uk.gov.cardiff.CardiffGov.Android&hl=en***

Please do share with your neighbours across Cathays & wider Cardiff! The CARDIFF APP is designed to help you check your bin days on your street, report fly tipping (upload pictures etc as evidence) – and much else besides. Download it and see what you can do it.



All the evidence gathered by the council on the BINFO will help to highlight trouble spots or areas of interest and good practice.

Additionally, you can check/report:

- Broken street lamps
- Check your Council Tax account.
- Sign up for Council Tax e-bills and notifications.
- Report a street cleansing problem such as littering or dog fouling.
- Report fly tipping straight from the scene.
- Report a problem on the road or pavement.



The Cardiff Gov App is here to help you – and all the communities across Cathays and wider Cardiff!!

The 3 images are an example of one street in Cathays, where the tree roots have created a crack in the pavement which if anyone trips on it – could go down the concrete steps nearby.



Once reported with location, images and description – the site visit happened within 48 hours – marked up, then ground was resurfaced within weeks!

www.cathays.org.uk www.ConnectCathays.org.uk www.davius.co.uk www.CathaysCompass.org www.YourCathays.org.uk search: Cathays PACT

Cathays Compass Community Insurance:

Thank you guys – names in no specific order!!

- Debs & Zak - £5-00p 'Cathays Women's Group'
- Anonymous - £3-00p volunteer
- Anthony - £2-00p - 'The Cons Club'
- Derek - £10-00p – Engineering (Cardiff Uni)
- Chrisoula & Simos - £10-00p – 'Eat Drink Greek Shop'
- Paulus £8-00p – volunteer

We are on our way to getting the £110 ish for the insurance for our community efforts!

There is still time to donate!

As for a specific 20 people who do not have any pennies to rub together (and therefore cannot help out with the insurance – *yet are certainly earning their might with their voluntary efforts in last 12 months* !!!) THANK YOU everyone for the following in 2020:

- Digging 2 separate natural soakways in two elderly neighbours gardens
- Helping clean up on of the alleyways (carving up the overgrowth, composting it locally)
- Clearing 8 larger gardens out for vulnerable families and elderly residents.
- Helping build the massive compost box which literally eats the green waste we carve up together
- Creating a pond
- Helping propagate wildflowers for the Biodiversity Cathays multiple projects.
- Clearing an entire bank of weeds and tearing vines off the bridge!
- Building planting beds with Special Needs young adults
- There is a lot more to list – however the leads on these numerous volunteer efforts do not wish to publicise their efforts.

For 2021 we wish to explore a lot of different community efforts – including improving the visual improvements

- Supporting development of various groups in Cathays.
- Cathays Fair 2021 (we still optimistic = if not then 2022!!)
- Discussions about 'Cathays Gardening Gang' development.
- Discussions about 'Cathays Women's Group' being set up.
- Supporting outreach of new local groups led by the local resident's/families!!

The Cathays Compass Committee

Against all Odds – men's mental health support group:

Link: ***www.againstallodds.wales***

Against All Odds was set up in November 2019 to support boys and men suffering from any mental health issues, with the crazy year that 2020 was, mental health issues have really come to the forefront of peoples lives.



With the demand for services being stretched to the limits *we offer a listening ear*, we know what it is like to feel the deep despair of depression when it sets in; when the anxiety kicks in and you just want to hide from the world or when you see and feel that suicide is the only way out, we've been there, we understand.

Having someone to talk to that understands can make a difference, someone that can signpost you to the right services for you and support you along the way.

Check out ***http://www.againstallodds.wales*** or
email ***support@againstallodds.wales***

Lets make 2021 a better year for us all.

Dougie – Against All Odds group



Food offers for low income individuals / families @ 'the Table':

Link: ***https://www.facebook.com/theTable1905***

The Table Café, Pentyrch Street, Cathays, CF24 4JW

With Kate & Simon making real ground since taking over from Rob at the Table on Pentyrch Street – they wish to announce some café offers to everyone. They are very concerned about how many residents/families are holding up in these difficult times.

You may be able to qualify for vouchers for low cost / high quality meals at the Table.

Pop in and ask how you can qualify for either/both of the two different vouchers that will give concession for people, who are vulnerable/on low income, to be able to enjoy the community lunch / family meal options.



'Community Lunch @ the Table':

The vouncher will give you a tasty meal and soft/hot drink of your choice.

50p optional donation.



'Family Meal @ the Table':

You and your family are invited to enjoy a meal and drink from our full café menu.

50p to £1 for adults – kids go free!

Please do enquire at the Table to see if you can qualify for the vouchers

Anna – on behalf of 'the Table'

Repair Café Cathays – January pick-ups of your broken items ! !

Again – a hint – a lot of you still have things that need fixing, please contact the 'Repair Café Cathays' and see how they can help you with their current pick-up service!

Link: ***repaircafecathays@gmail.com***

Email: ***www.facebook.com/repaircafecathays***



COLLECTION AND DELIVERY SERVICE

CATHAYS

We will add the caveat that we have very limited capacity and may simply be overwhelmed!!

Contact us ASAP please!!

Our fantastic volunteers at Repair Cafe Splott and Repair Cafe Cathays have joined together to create a collection and delivery service so we can continue fixing whilst our venues are closed!

If you live in the local area and are interested in getting a household item fixed or you are interested in helping out with this service, then please get in touch with repaircafecathays@gmail.com!

We are so excited to trial this brand new service and bring fixing back to the communities of Cathays!

🔧 😀 ⚒



February 2021 – Cathays Monthly Update – please get your posters/invites in!

What can you do in Cathays to help the cohesion of your community?

The Tier 4 has unnerved many of you. We miss the social interactions and for some it has been a difficult or lonely Christmas / New Years Eve.

Please everyone be patient – the light may be at the end of the tunnel with the virus cure being wheeled out slowly across the nation – yet we still need to get through the next 12 months!

What can we do for end of winter/early spring 2021 to help the vulnerable neighbours?

Be safe Cathays !!

Happy 2021 everyone !!!

Regards,

Paulus