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# Cathays Monthly Update – May 2021

Check out the regular events on the Y/C calendar: ***www.yourcathays.org.uk***

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## May 2021 comments:

### Catch up meetings !!!!

Grovelling apologies – I am averaging two resident/family meetings (usually via FB video, Zoom or other forums) each week – yet still a lot of people I have yet to engage in discussions about ideas for Cathays.

With email and mobile both getting gremlins in the machine – the communication links have been temporarily severed whilst I've built up some more resilience in the community network. It should all be up and running by 1st week of May.

### Keep in contact with your Cathays neighbours/businesses/faith groups:

These social media groups will help you better understand what is happening in the locale! Make your voice heard !!
FB Cathays Residents: **https://www.facebook.com/groups/CathaysResidents**

FB Connect Cathays: ***https://www.facebook.com/groups/ConnectCathays***

Next Door Cathays – **www.nextdoor.co.uk**

### Spraying Weedkiller:

Once again – we politely encourage organic/environmental friendly weedkiller to be sprayed by neighbours. If your back garden is really overgrown – give us a shout (via this email) and we can see if we can help out!

### The pubs/clubs slowly re-open ….

I've missed both 'The Cons Club' and 'CSAS: Cathays Sports & Social', the Vulcan Lounge, Bar 105, The Crwys etc. Yet with mid May's re-opening of the pubs – I encourage people not to avalanche them, yet be as patient as possible with booking tables etc. Please do think of everyone else's safety as well as your own!

### Family Planting Boxes:

Just for some peace of mind, the local volunteers have begun building the planting boxes on private/business grounds as to encourage more biodiversity support, carbon absorbing and air cleansing properties that many indigenous species of wildflower have!

### Vaccination time !!

It is good to hear from many of you (over 45's) that you've had your initial jab and our over 70's have had both vaccinations now.

Some concerns over neighbours not wishing to have it – please do your own reading up on why you should be vaccinated and not follow social media sophistry which is discouraging some of our younger groups of people from taking the vaccination. Please consider getting the vaccine!!

## May: Foodbank across Cathays

Deposit in Foodbank Boxes at Sainsbury's, Lidl, Co-Operative etc. – Cardiff Foodbank are short of many things: ***please donate!!***

- **DEODORANT**
- **SHAMPOO**
- **SINGLE BARS OF SOAP**
- **SMALL PACKS OF TOILET ROLL (PACKS OF TWO OR FOUR)**
- **JARS OF COFFEE**
- **1 LITRE BOTTLES OF SQUASH**
- **FRUIT JUICE (LONG LIFE)**
- **DISINFECTANT SPRAY**
- **DISINFECTANT WIPES**
- **SPONGE PUDDINGS**

Please be aware this could change very quickly in February – so please check out the Cardiff Foodbank link: ***https://cardiff.foodbank.org.uk/give-help/donate-food/***

Every single donation in 2021 will help a great deal in these difficult times!

Thank you to all who contribute!

Gauri – Cardiff Foodbank

## No major community events for 2021 ….

The community groups have all taken a stance that we will not be holding any major events in 2021. In 2022 Cathays will be back with greater passion with your local Fair etc.

For remaining 7 months of 2021, I hope you continue these new links many of you created during the 2020 lockdown as some neighbours have linked up better than before with people trying to [distantly] help each other out – I hope you do not let these new friendships fizzle out!!

### Vote on Thursday !!

Please vote !!!

Your word counts !!

# Hospitality Award for Cathays Beer House!! Congratulations to your local !!

Links: ***https://www.facebook.com/Cathays-Beer-House-2228165467461901/***

Well done Martin & Diane on being awarded the 'Hospitality Heroes' award from 'Cardiff Campaign for Real Ale'






Martin quoted (via FB)

"Another little certificate, with thanks to Cardiff CAMRA. As David Bowie once said "We could be heroes"..... but the real heroes are you, our customers who have kept on coming for takeaways."

Love you all, cheers Martin and Diane. 😎👍😎"

Martin – Manager of Cathays Beer House

## Café Portugal - New local business on Wyeverne Road:

# Café Portugal

Website Link: ***www.cafeportugalcardiff.co.uk/***
FB Link: ***https://www.facebook.com/cafeportugalcardiff/***
*Phone: 029 2132 4431*

# 'BEM-VINDO'

We are Cafe Portugal, a family-owned take-away providing you with colourful and flavourful Authentic Portuguese home cooking.

A daily menu provides you with a variety of fresh dishes, Our signature charcoal-grilled Peri-peri chicken as well as our quality coffee and portuguese pastries.




Try us for the flavour and stay for the feel of Portugal right here in Cardiff!

Cristina – Café Portugal Cardiff

## Lark Design Make - New independent Business opening on Dogfield Street:




Website: http://www.larkdesignmake.co.uk/
Facebook: https://www.facebook.com/Larkdesignmake
Instagram: https://www.instagram.com/larkdesignmake1/



We are a small business offering Craft Workshops with everything from Crochet to Sewing to Jesmonite and Resin. We also have a Craft shop where we sell a range of DIY kits (including crafts for kids) and handmade gifts.

We have just moved into a new studio space at 36 Dogfield Street, so do pop in and say hi! We update our website regularly with upcoming workshops and are open most days other than Sunday for shop browsing.

# McSIMS Pastizzeria - New Independent Business on Senghennydd Road

Main website: ***www.mcsims.co.uk/menu***

email: ***contact@mcsims.co.uk***

Social Media: ***https://www.facebook.com/Mcsims-Pastizzeria-102742361634877***

Come and try our delicious foods – we have people coming from all over Cardiff to sample our delights in Cathays!!

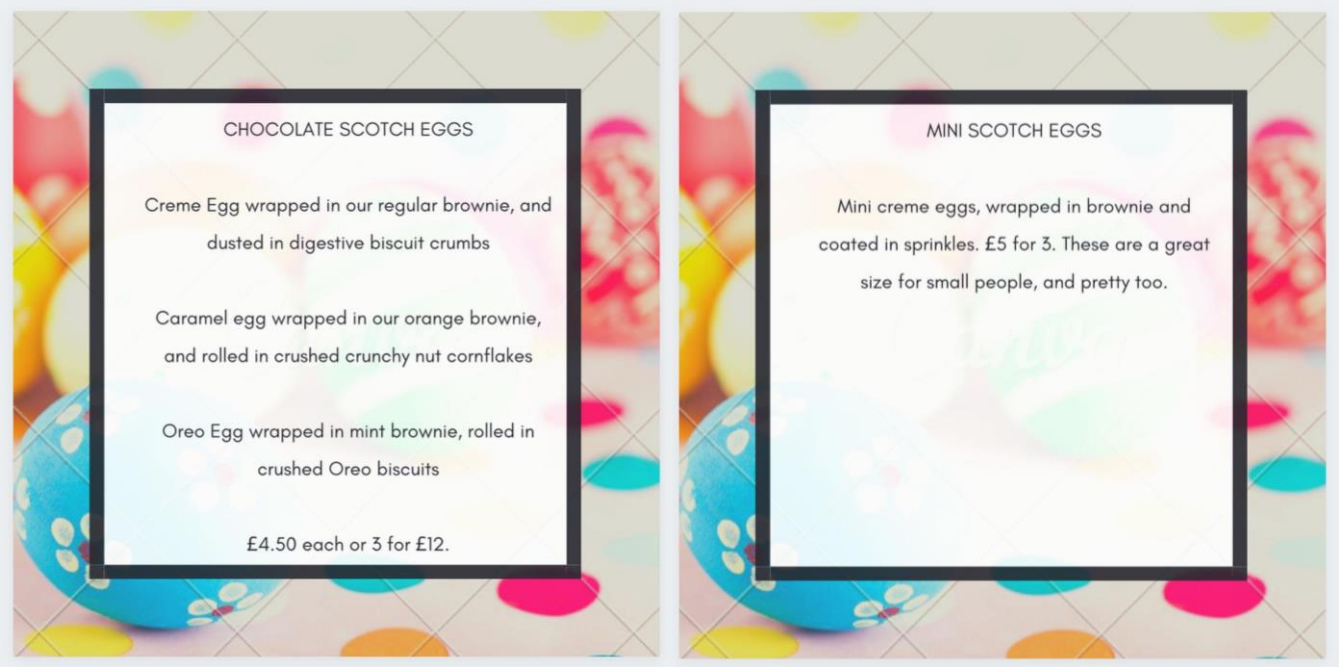


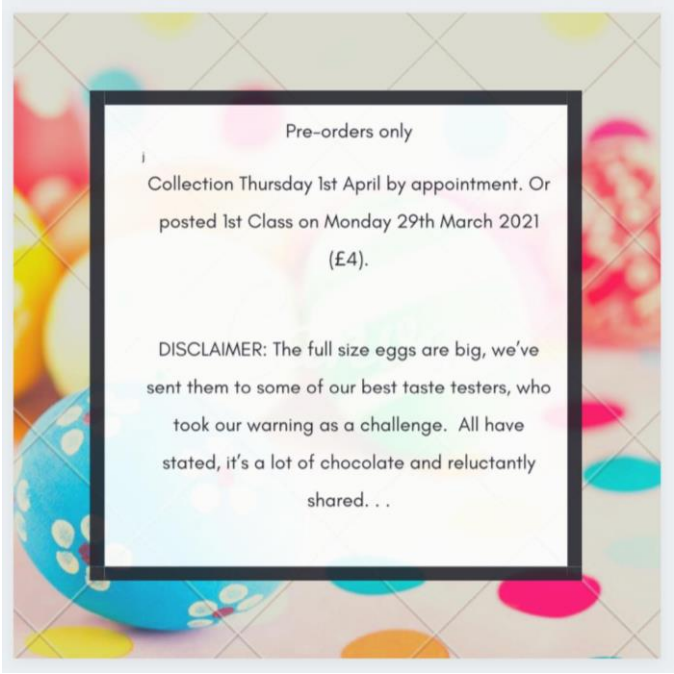

Adnan – Manager of McSIMS Pastizzeria

## The Happiest Brownie – new range (Local Business)!

# Chocolate Scotch Eggs – need we say anymore!!

Link: ***https://www.facebook.com/thehappiestbrownie***




Sharan – The Brownie Company

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# Wildflowers for your garden – born & bred [propagated] in Cathays !!







LINK: ***https://www.davius.org.uk/*** click on the Wildflowers link

For the Cathays residents – please email ***nursery@davius.co.uk*** to enquire to what stock is availability.

**Local residents of Cathays do not necessarily need to buy via eBay links – just email the Nursery directly to see what stock is available! If you are a Cathays resident paying cash you will get 50p off per wildflower!!**

The wildflower planting began around Cathays in 2002 lacing various green spaces with a bit of guerrilla gardening, in recent years it has become more official.







There is no reason to purchase loads of wildflowers – just by purchasing a few of the matured variety – each year you'll be able to propagate more and more wildflowers from these (Foxgloves, Lesser Knapweeds, Cowslips are relatively easy for you to propagate) …… and hopefully share them with your friends/families/neighbours in Cathays (and elsewhere!) as we create one massive Biodiversity Corridor between all our gardens [and green spaces which our families are increasingly choosing to take more responsibility and care for.]







All wildflowers reared in locally produced Compost; several bespoke designs of Composting Bins are producing a healthy sustainable source of composting material to support the locally produced wildflowers).

## Repair Café Cathays – May 2021 pick-ups of your broken items ! !

Again – a hint – a lot of you still have things that need fixing, please contact the 'Repair Café Cathays' and see how they can help you with their current pick-up service!

Link: ***repaircafecathays@gmail.com***

Email: ***www.facebook.com/repaircafecathays***




# COLLECTION AND DELIVERY SERVICE

# CATHAYS

***We will add the caveat that we have very limited capacity and may simply be overwhelmed!!***

Contact us ASAP please!!

Our fantastic volunteers at Repair Cafe Splott and Repair Cafe Cathays have joined together to create a collection and delivery service so we can continue fixing whilst our venues are closed!

If you live in the local area and are interested in getting a household item fixed or you are interested in helping out with this service, then please get in touch with repaircafecathays@gmail.com!

We are so excited to trial this brand new service and bring fixing back to the communities of Cathays!

🔧 😀 ⚒




# June 2021 – Cathays Monthly Update – please get your posters/invites in!

Once again – please do tell new any new community events, faith group events, independent businesses being set up or existing ones with offers !!

……

The lockdown is easing – please be safe as the pubs re-open – and not overcrowd places!!

……..

Be safe Cathays !!

Regards,

Paulus