Cathays Monthly Update – August 2021

Check out the regular events on the Y/C calendar: ***www.yourcathays.org.uk***

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August comments:

Website for Save Maindy Velodrome!

Ant, a local resident, has now set up this valuable website called ***https://savemaindycycletra.wixsite.com/savemaindycycletrack/posters*** website for those of you who do not want to lose the Maindy Velodrome!

There are posters you can download – or you can join the groups set up on social media: ***https://www.facebook.com/groups/191738166287949*** and/or sign the petition ***https://www.change.org/p/cardiff-city-council-save-maindy-velodrome*** showing your support.

The incredible cyclist champion Mr Geraint Thomas has backed this petition too ***https://www.bbc.com/sport/cycling/57939521*** so let us keep fingers crossed something can be done about stopping the Velodrome being taken away!!

Stockpiled General Waste Bags !!!

Quite a few of our families very wisely stretch out their use of the Red/Cream General Waste Bags – can you get in touch if you have a few spare rolls to spare.

Ffotogallery – synergy with the community!

David, Cath, Alex & co from Ffotogallery have done an amazing job at the Ffotogallery studio on Fanny Street (behind the Cathays Methodist Church) and they had their first informal 'Beer & Pizza' gathering on the last week of July. It was well attended by residents, faith, local businesses and volunteers.

Even for groups who could not be present due to busy schedules, a dozen of them from Cathays were mentioned to the Ffotogallery staff which we hope can lead to future collaborations.

Ffotogallery wishes to work with the Cathays community to create a creative space that many of you can share in for workshops, meetings, informal discussions to see how to support the vibrance in this amazing district.

Waste, waste everywhere – can it not be re-used?

This is not a flippant rebuke of many of you wound up by chairs, paint, desks on multiple different streets etc. or the huge commerce bins outside buildings. Even though it is not your fault – some of your neighbours are leading by example to reduce the waste streams.

Please consider the following:

- Every bit of textile discarded on street that you pick up, wash and put in charity bag is clothing, bedsheets, slippers for someone in desperate need !!
- Every bit of green waste that you compost in your front/back garden – imagine if 100 residents had compost bins placed in their frontage; it puts a positive psychological message out to encourage more home-composting to others.

There is no denial here – the waste is disgusting, the smells that emanate from destroyed food caddies is disgusting. I almost vomited on weekend from clearing up food waste dumped in corners – which would never be normally cleared up. Yet when people see a resident caring for the area – it is a positive example showing that people do care about Cathays!

We need to create the resources – as a community – to reduce part of the waste problems. You all have ideas ….. so let us start discussing the ideas!

Dust, emissions and your street.

Believe it or not moss is an absorber of emissions on streets, which the bacteria soaks up the soot, dust, carbon and other emissions that get belched out across Cathays. In recent years on one street the moss has been cleaned off the stones, yet left to (hopefully) create a long strip of lush green on the long cement run in the hope that is partly absorbs part of the emissions in that area. It makes the street look a little better too.

How can we cultivate moss, in an positively aesthetic manner without it being a mess in parts of Cathays?

Tiny measures such as this, once built up by many families will have a positive knock on/causal effect in the Cathays community.

August: Foodbank across Cathays

Deposit in Foodbank Boxes at Sainsbury's, Lidl, Co-Operative etc. – Cardiff Foodbank are currently FULLY STOCKED !!

- **FRUIT JUICE (LONG LIFE) 1 LITRE**
- **MILK (UHT LONG/LIFE 1 LITRE)**
- **RICE PUDDING**
- **SPONGE PUDDINGS**
- **JARS OF COFFEE**
- **SAVOURY SNACKS (CRACKERS, SMALL MULTIPACKS OF CRISPS ETC)**
- **CONFECTIONARY (ESPECIALLY CHOCOLATE BARS)**
- **SHAMPOO**
- **SHAVING FOAM AND RAZORS**
- **KETCHUP**
- **TOOTHPASTE**
- **NAPPIES - SIZE 5+**
- **DEODORANT**
- **DISINFECTANT SPRAY**

Please be aware this could change very quickly in February – so please check out the Cardiff Foodbank link:

https://cardiff.foodbank.org.uk/give-help/donate-food/

Every single donation in 2021 will help a great deal in these difficult times!

Thank you to all who contribute!

Gauri – Cardiff Foodbank

Notice from Cardiff Bus re: Crwys Road closure and no Bus Service:

Thank you to local resident Dawn George for flagging this up to the community!



Advance Notice of Bus Diversion/Crwys Road Closures:

⚠️ Advance notice

🚧 Crwys Road closures on Sundays 25 July; 1, 8 & 15 August

🚌 Services 8 & 9 will divert via Park Place and Cathays Terrace

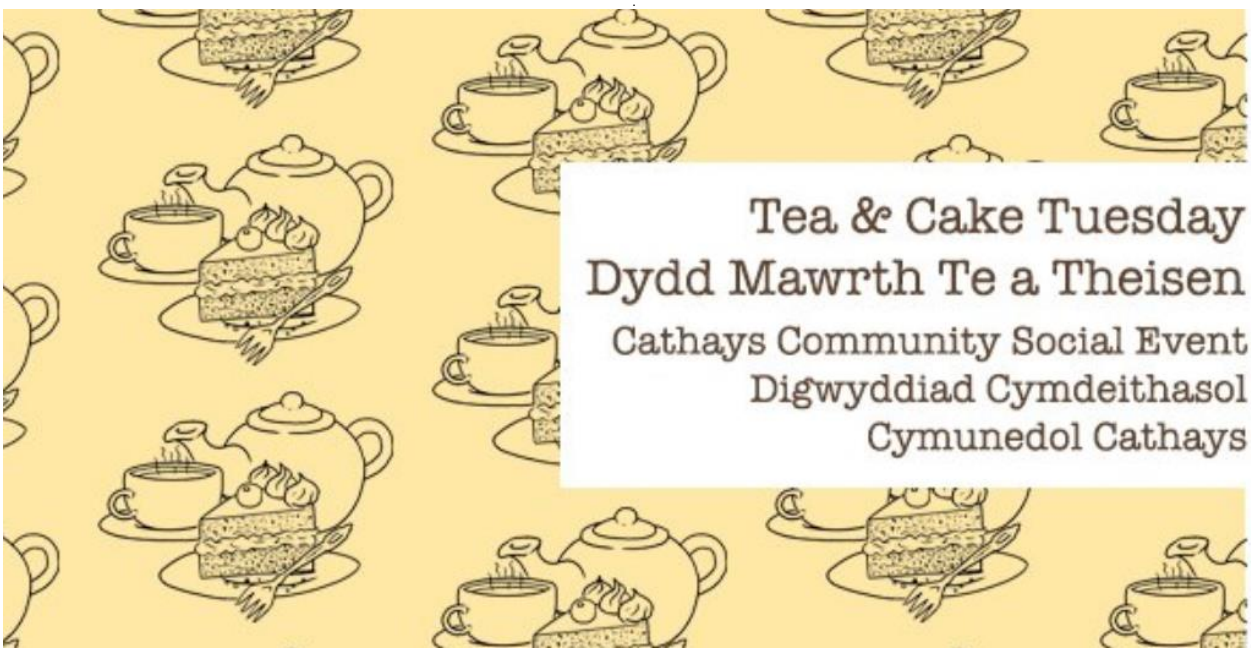
🚏 Bus stops along Newport Road, City Road & Crwys Road will not be served

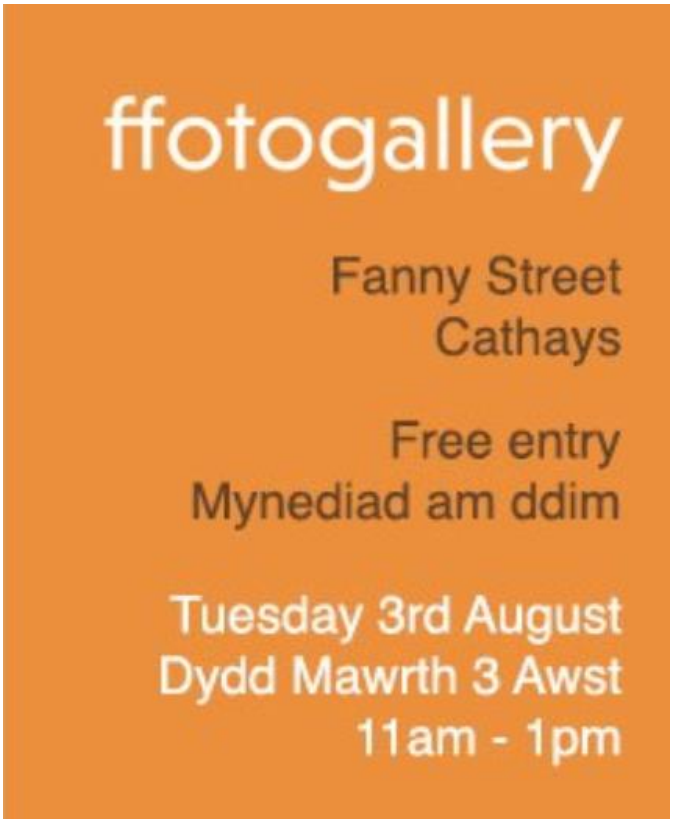
ℹ️ Bus stop and diversion info: https://bit.ly/36TeVF3

Thank you to Dawn George for flagging this up!

'Tea & Cake Tuesday' @ Ffotogallery - Tuesday, 3rd August

Link: ***https://www.facebook.com/events/224229282943768/***





Dave, Cath & Alex - Ffotogallery

Repair Café @ Sherman Theatre – Saturday, 7th August

Repair Café Cathays open on first Saturday of each month at ***Sherman Theatre***.



Link: ***repaircafecathays@gmail.com***

Email: ***www.facebook.com/repaircafecathays***

Come and visit us again – we look forward to seeing you and your broken products to see if we can breathe new life into them!!

Clothing / Textiles, hardware such as hoovers, lawn mowers, clocks, broken electronics – you name it, bring it down to Sherman Theatre and our volunteer fixers will have a good at repairing your broken goods.
If you wish to enquire in advance – please do get in touch with repaircafecathays@gmail.com!



Social Eats (Salisbury Road) – “15% OFF” discount flyer for all of you to use!

LINK: ***www.socialeats.co.uk***

SOCIAL EATS

Local café on your doorstep, offering delicious coffee, healthy mouth-watering food with yummy cakes for the piggies amongst you!

With this flyer **15%** discount

Check out our food options on our Instagram!

SOCIAL_EATS_CARDIFF

Social_eats_cardiff

Click and collect available at www.socialeats.co.uk

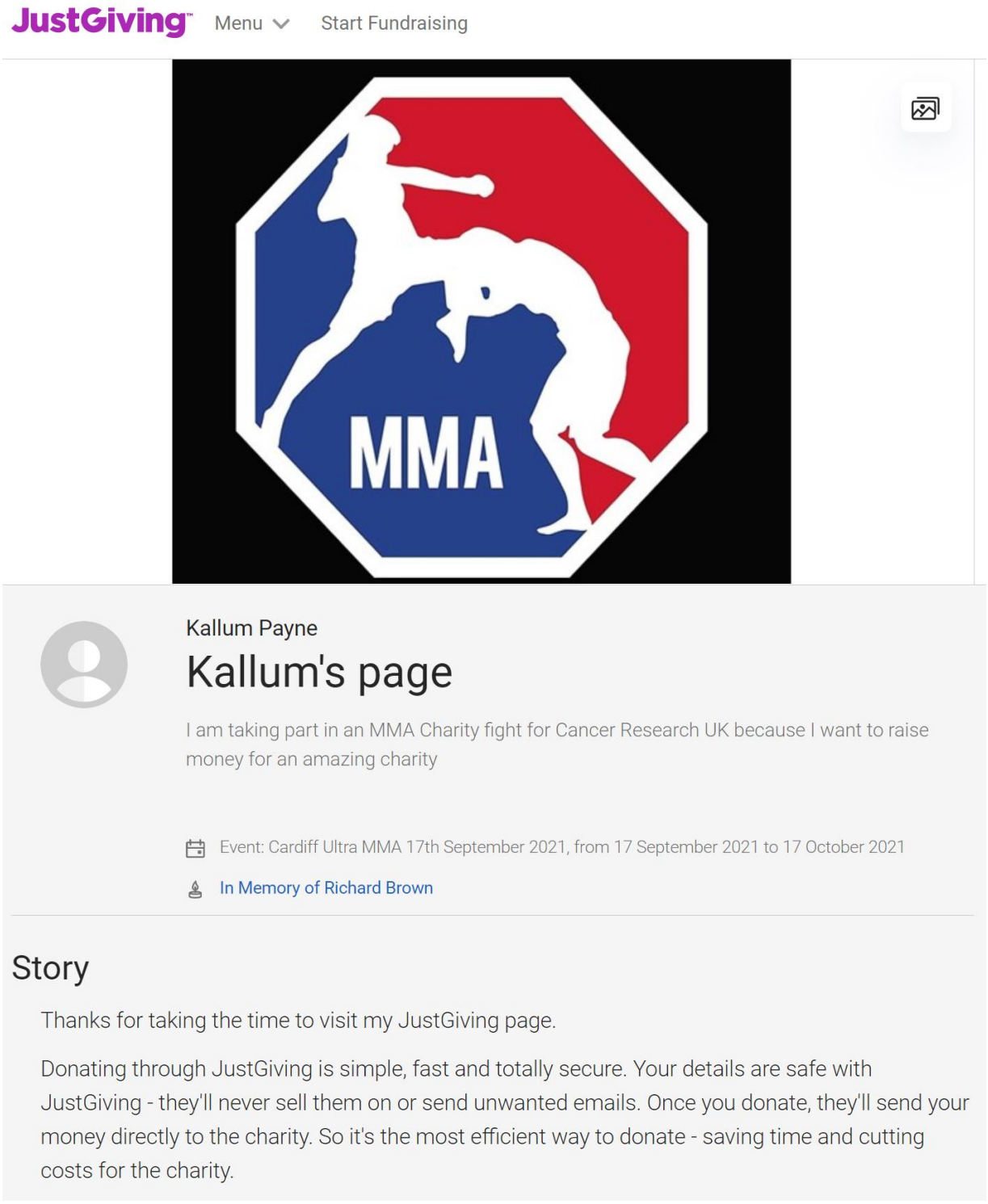
Our address – 20 Salisbury Road, Cathays, Cardiff CF24 4A

Laura – Manager – Social Eats

Mixed Martial Arts for Cancer Charity - by local resident!!

Link: ***https://www.justgiving.com/fundraising/kallum-payne***

Rhymney Street resident Kallum is asking you to contribute (via 'Just Giving') for his Mix Martial Arts event which will support a Cancer Charity!



Kallum – Rhymney Street resident

All-Outrubbish – clear your house out !!

Specialist in rubbish removal from resident properties!

Link: ***https://www.facebook.com/all.outrubbish.7***



Anthony – All-OutRubbish



September 2021 – Cathays Monthly Update – please get your posters/invites in!

When the students come back in late September – let's make them welcome.

Many of you are very positively engaging helping them out with advice, a few extra bin bags etc. if you want to tell them how many families live on your street – some minimal information is available on ***https://www.yourcathays.org.uk/cathays-residents-numbers/*** - and please do mention that (at least) 120 of the families [*of the 1,500 families we know are here*] who live in Cathays all came her to study and ended up staying and becoming the new mum's and dad's of Cathays.

I know with positive designs, proper community outreach and transparency of information and support we can make for a much more positively integrated community.

Many of you have really led by example, supporting your neighbours and doing what is right under great duress in the last 18 months. None of you seek reward, nor praise, not even recognition – yet for the rest of Cathays please know you are surrounded by many of have done a lot of good that makes us stand stronger every month onwards!!

Regards,

Paulus