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www.ConnectCathays.org.uk



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Cathays Monthly Update – December 2021

Check out the regular events on the Y/C calendar: ***www.yourcathays.org.uk***

Contents

Dec: Foodbank across Cathays 2
Community Events for 2022 2
Merry Christmas everyone!!! 2
December 2021 comments: 2
Leaflets through door about Maindy Velodrome! 2
WhatsApp Groups in Cathays? 2
We got through 2021 !!! 2
Getting the online calendar back up & running!! 2
The 'Your Cathays online CALENDAR' is starting to rebuild – please help populate it! 3
November Reflection: Goodbye Co-Op Crwys, Remembrance Day, Local Surveys! 4
'Memory Lane' (Dementia Friendly) Social Club – [each] Thursday 2nd December 5
'The Observatory' Musical @ Temple of Peace, Cathays from 2nd to 4th December!! 6
Repair Café Cathays – from 10am @ Sherman Theatre – Saturday 4th December 7
Save Maindy Velodrome Day of Action 2pm at the Cycle Track: Saturday 4th December 8
Cathays Community Centre AGM - 2:30pm – Saturday, 11th December 9
January 2022 – Cathays Monthly Update – New Year – lets get Cathays moving!! 10

December 2021 comments:

Leaflets through door about Maindy Velodrome!

Many families on Maindy Road, Rhigos Garden, Gelligaer Gardens about the 'Day of Action on Saturday 4th'; this is open to everyone across Cathays (and shared to FB groups in Maindy, Whitchurch, Roath, Penylan etc) encouraging people to show up at 2pm on Saturday 4th and show their support for keeping the Maindy Velodrome!

Massive respect and love to Christine (Resident) Ant (Uni), Wyn (Dinas Computing) etc. setting up the committee and rallying together to stop the destruction of your local heritage!! The Link is ***https://www.facebook.com/events/1141258169982845*** please come to the event this Saturday!!

WhatsApp Groups in Cathays?

A Brithidir Resident has asked if anyone on the street wishes to be part of a WhatsApp group specifically for this street. Cosmeston Street have had a WhatsApp group for a few years now (70% residents on that street) and this has helped the neighbours to be more cohesive, call out when someone needs help – and generally feel connected to their neighbours!

If you are not already on the 'Next Door Cathays' app or the Facebook 'Cathays Residents' group – this may be a jump off point; yet your neighbours may be keen to create a WhatsApp group on your own street.

What do you all think? Are you interested? I am willing to go down your street with you to help introduce you to your neighbours.

We got through 2021 !!!

Obviously everyone is concerned at the end of November 2021 with news of the new strain of virus variant – it is the sensible step to ensure that we all:

- Wear face masks in public spaces
- Do as many meetings online – and not in person
- Be wise with use of social media and do not start peddling information that is incorrect.

Whatever 2022 throws at us, Cathays can stand sensibly together and make everything better! Together we will get through this!!

Getting the online calendar back up & running!!

As you'll see a screen grab of the 'Your Cathays' website is in the pages below. We are working to update all the entries on the Cathays online calendar – (very sadly 15 events were deleted due to businesses/organizations shutting down indefinitely) to ensure there is some progress to empower the community with knowledge of regular events.

Please do get in touch with your regular monthly events – things we wish to put up include Open Mic Nights, youth club, elders coffee gatherings etc.

Dec: Foodbank across Cathays

Deposit in Foodbank Boxes at Sainsbury's, Lidl, Co-Operative etc. – Cardiff Foodbank are short of many things: ***please donate!!***

- **SHOWER GEL**
- **MILK (UHT LONG LIFE 1 LITRE)**
- **FRUIT JUICE (LONG LIFE) 1 LITRE**
- **SPONGE PUDDINGS**
- **TINNED TOMATOES**
- **BISCUITS**
- **CONFECTIONERY (CHOCOLATE/SWEETS)**
- **SAVOURY SNACKS (CRISPS, CRACKERS ETC)**
- **RICE PUDDING**
- **ANTIBACTERIAL SPRAY/BLEACH**
- **DEODORANT**

Please be aware this could change very quickly in February – so please check out the Cardiff Foodbank link: ***https://cardiff.foodbank.org.uk/give-help/donate-food/***

Every single donation in 2021 will help a great deal in these difficult times! We know we can count on your in 2022 !!

Thank you to all who contribute!

Gauri – Cardiff Foodbank

Community Events for 2022

After 18 months of many discussions with literally 100's of families are patiently keen to get local community activities up and running.

Many of you are quietly planning your own micro-projects, which will help create links, support and safety across Cathays. You all create our resilience in this community!!!

Merry Christmas everyone!!!

No – sadly no Christmas Lights up this year, yet we hope to pick up the December's 2017, 2018, 2019 efforts again in December 2022 !!

For now – have the best family Christmas everyone !!!

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The 'Your Cathays online CALENDAR' is starting to rebuild – please help populate it!

Links: ***https://www.yourcathays.org.uk/***

Scroll down the front page or click on the CALENDAR – What's on this month link

Please help to repopulate this monthly online Cathays Calendar – for those with entries on the calendar, please ensure the information is updated with times, links etc.

December 2021

MON	TUE	WED	THU	FRI	SAT	SUN
29	30 8:00 pm: Red Tooth POKER NIGHT - every Tuesday at The Cathays Cons	1	2 2:00 pm: Heritage FAN [Friends And Neighbours] 2pm at Cathays Library 7:30 pm: Blues Dragon & Blues - First Thursday of each month	3 6:00 pm: Cardiff Green Drinks - every 1st Friday of the month	4 10:00 am: Repair Cafe Cathays - every 1st Saturday of the month	5
6 7:00 pm: Cathays Brass - every Monday evening!!	7 10:30 am: 'Walking for Health' - every Tuesday	8 12:00 pm: Home Grown Vegetable for sale - EVERY Wednesday	9 6:00 pm: Cantar Community Quoir - every Thursday @ Woodville Baptist Church	10 6:30 pm: IYP - Youth Club @ Cathays Community Centre EVERY Friday	11 10:00 am: Keep Cathays Tidy - monthly mass litter pick!! 2nd Saturday of EVERY month	12
13 9:30 am: Story Time for Under 5's - English 7 Welsh Medium - EVERY Monday	14 2:00 pm: Memory Lane (Dementia support group) EVERY Tuesday 6:00 pm: Friends of the Earth Cardiff - monthly meeting - 2nd Tuesday each month!	15 10:00 am: Coffee Morning - EVERY Wednesday @ Cathays Community Centre	16 2:00 pm: Knit & Natter - WEEKLY Knitting group @ Woodville Baptist	17	18 10:00 am: Plant sales @ Bute Park - every Saturday	19 2:00 pm: Basic Roadside Repair Course - £11 @ Ride My Bike Cafe
20 6:00 pm: Embassy Youth Club - EVERY Monday early evening 7:00 pm: Green Party Cardiff - meeting every 3rd Monday of month @ Embassy Cafe	21	22 10:00 am: Bute Park - Plant Sales EVERY Wednesday 6:00 pm: Cardiff Cycle City - monthly meeting @ Ride my Bike	23 2:00 pm: Memory Land (Dementia Support) EVERY Thursday	24	25 All day: Friends of Cathays Cemetery WORKDAYS - Last Saturday of most months	26
27	28 8:00 pm: Red Tooth POKER NIGHT - every Tuesday at The Cathays Cons	29	30	31	1 10:00 am: Repair Cafe Cathays - every 1st Saturday of the month	2

Please *contact us* and tell us about your events in Cathays so that we can add them to the *Your Cathays Calendar* for everyone else across Cathays to see & share in your activities !!

November Reflection: Goodbye Co-Op Crwys, Remembrance Day, Local Surveys!

Survey the Local Business:

As 100's of you engage regularly with the local (and franchise businesses) there has been a lot of discussions about how the local business community can better function together and help support the local community – *and the local community support the local businesses*. After 20 meetings over the last 2 months; it is obvious we need to survey the majority of the local business and ask their opinions & ideas on how we can create a better support network in Cathays.

Co-Op Leaving do!!

Lindsay booked out one side of the Crwys Pub to invite the Co-Op Crwys customers to come and say goodbye to the staff. Even ex-staff who have been promoted and moved to other stores in recent years, booked time out to come and join the farewell Co-Op do!!



Many of you will miss the staff, who we think have been outstanding and really pushed the ethos of proper local shop (knowing the customers by name, building local relationships with the families, schools, faith groups etc.)

Again – 3 promotions, Lindsay has transfered across as manager in Bridgend Co-Op, yet has aspirations to become Area Manager for Cardiff (or wider South Wales!) in the future – so watch this space!! Fond memories and a massive thanks to the entire 40 strong team of Co-Op Crwys – you will be missed!!

Remembrance Sunday:

The local clubs such as ***The Cons Club, Cathays*** and the CSAS: ***Cathays Sports & Social*** always put on a strong Remembrance Day service with singers, traditional music etc. with ex-service and existing military people representing at the events.



There was an event at the Maindy Velodrome where ***Cathays Brass*** played beautifully to the local residents who attended, and the local faith groups and schools undertook their own days of reflection for Remembrance Day.

For November 2022 we hope to better publicise these events, when we are all well into the safety zone and free of any backlash of new virus variants. Please be safe everyone – we've lost enough friends in the last 12-18 months, as well as in past Wars. Treasure their memories of what they all sacrificed for Cathays and the country!
They make us all stand to better ourselves!

Blue Bike goes bye-bye!!

I love cycling around Cardiff the last 25 years on my archaic mountain bike – it truly is an excellent place to cycle around ……. so it was unfortunate to read about the backlash and shutdown of the Hire Bike Scheme; yet this has been a problem brewing for some time now; abandoned bikes, irresponsible use, vandalism etc. – the hire bike problems have mounted up.

At the Cathays PACT meetings in 2018/2019, the Police have been quite outspoken about the links between 'Hire Bike and Crime' and going as far as saying the whole "Hire Bike is a terrible idea!"



Image below taken by council staff.

‘Memory Lane’ (Dementia Friendly) Social Club – [each] Thursday 2nd December

Website Link: ***https://www.cathays.org.uk/community/memorylane/***

We run dementia friendly activities every Tuesday from 2pm to 4pm at ***Cathays Community Centre***.
Activities include indoor bowls, films, music, dance, bingo etc.
We also hold a Memory Café / Coffee Morning every Wednesday from 10am – 12pm.
The sessions are FREE and help can be arranged for transport. Refreshments are also available.
The sessions are for those affected by dementia and their carers.



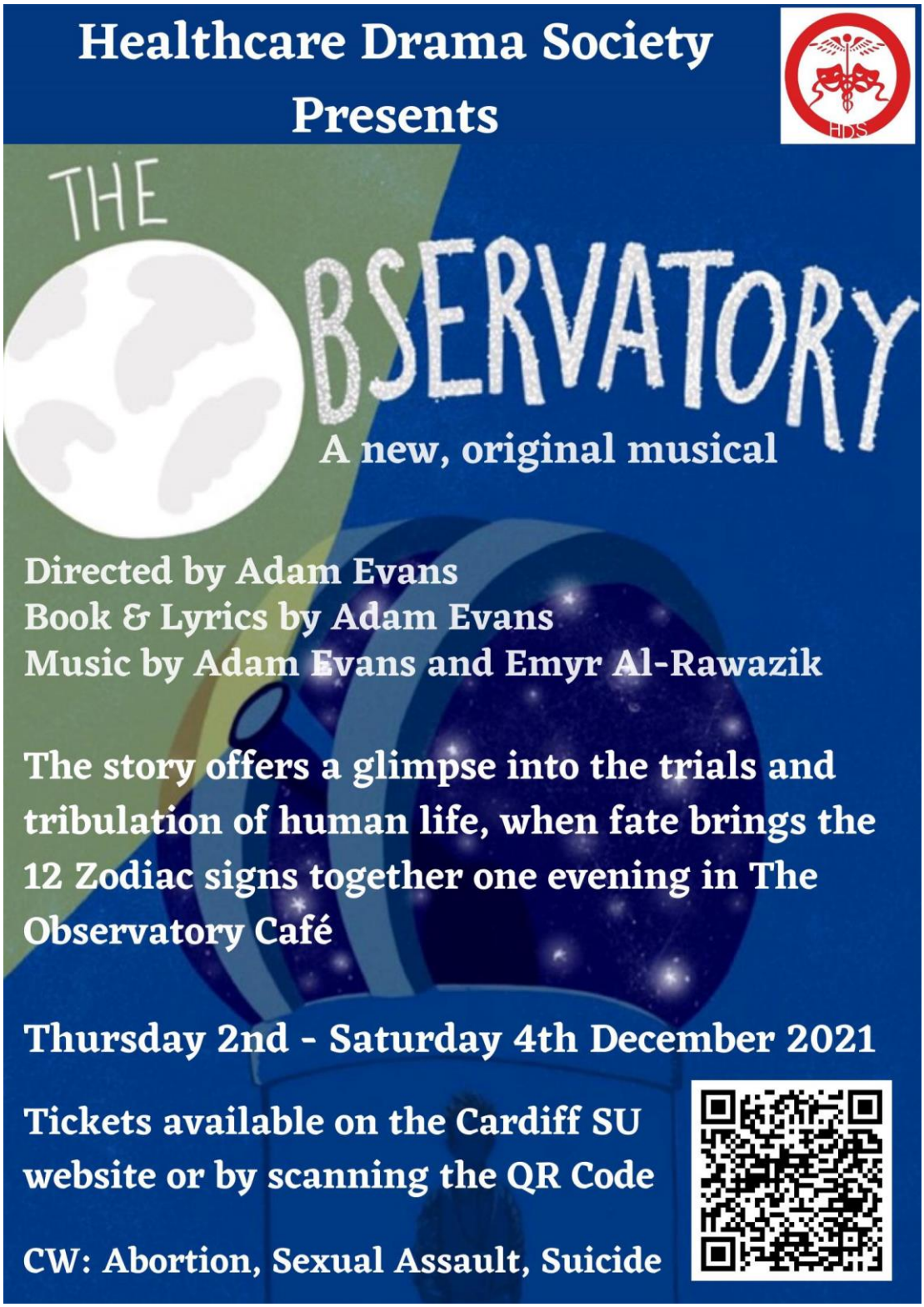
Supported by: ***Dementia Friends***, ***Home Instead***, ***CAVAMH***, ***Rise*** and ***Lottery Community Fund***.

Phill – Cathays Community Centre

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'The Observatory' Musical @ Temple of Peace, Cathays from 2nd to 4th December!!

£8 ticket - Link 2nd Dec: ***https://www.cardiffstudents.com/events/15889/23473/***
£8 ticket - Link 3rd Dec: ***https://www.cardiffstudents.com/events/15889/23474/***
£8 ticket - Link 4th Dec: ***https://www.cardiffstudents.com/events/15889/23475/***



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Repair Café Cathays – from 10am @ Sherman Theatre – Saturday 4th December

Main website: ***https://repaircafewales.org/event/repair-cafe-cathays/all/***





email: ***repaircafecathays@gmail.com***

Social Media please search: ***Repair Café Cardiff***







Cerys Jones - Director - Repair Café Cathays

Save Maindy Velodrome *Day of Action* 2pm at the Cycle Track: Saturday 4th December

EVENT LINK: ***https://www.facebook.com/events/1141258169982845/***
Website: ***https://smctcampaign.wixsite.com/savemaindycycletrack***
Social Media: ***https://www.facebook.com/groups/savemaindyvelodrome***
Email: ***savemaindyvelodrome@gmail.com***

A Day of Action
at the
Maindy Velodrome
Saturday 4th December 2pm

Bring your bicycle, roller-blades, roller-skate, skateboard, scooter, sledge (you never know!), running kit, walking kit, ball, boomerang, dog, camera, book, sketch-book, musical instrument, or just yourself, and join this action to show Cardiff Council how the velodrome brings us together.



Velodromes are iconic and engaging sporting arenas that offer great benefits to local communities - the Maindy Velodrome is an important asset to Cathays and neighbouring areas. Even after over 400 complaints submitted to council and nearly 5,000 signatories on a petition to save the Maindy velodrome, there has been no meaningful engagement with Cathays' residents on the plans to demolish it and it has not been demonstrated that this is the only (or best) solution to improve Cathays High School. For more information on the Save the Velodrome campaign, please visit its facebook page.

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Cathays Community Centre AGM - 2:30pm – Saturday, 11th December

LINK: ***https://www.cathays.org.uk/2021/11/20/annual-general-meeting/***

Everyone is welcome to the CCYCP AGM – just walk through the main entrance and someone will direct you to the Bingo Hall.

Come and give your input to what your Community Centre can do in Cathays !!



Annual General Meeting

Cathays Community Centre's Annual General Meeting 2021

11th of Decmber

Bingo Hall, Cathays Community Centre

2.30-4.30PM

?

January 2022 – Cathays Monthly Update – New Year – lets get Cathays moving!!

A lot on the cards for Cathays to undertake in the early to mid-2020's!

Have an amazing traditional Christmas everyone!!

…….. yet please bear in mind there are some people across Cathays & wider Cardiff in desperate situations. Every positive thing you do, ranging from donating your clothes to charity shops, volunteering with different bodies (such as Homeless support) does all contribute to improving peoples lives.

I am so proud of how this neighbourhood has pulled together during these incredibly difficult times of 2020/2021!! The 80% positive stories never get out there, as sadly the 5-20% negative things just get blasted all over social media – and people do get sucked into it …… this is not appropriate – yet sadly does happen.

…… and the next hardcopy newsletter is well overdue to be going through your doors!! My bad !!!

Regards,

Paulus