Cathays Monthly Update – April 2022

Check out the regular events on the Y/C calendar: ***www.yourcathays.org.uk***

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April 2022 comments:

April 2017 to April 2022 – 5 years of monthly updates

It's hard to believe so many people would give some random guys their email address as I dropped off the hardcopy newsletter to the majority of residents, local businesses, faith groups, schools etc.

Yet it is a testament that local people want to know what is happening regularly in the area

FB 'Cathays against HMO's' set up!

Local residents have set up a "Cathays against HMO's" – this group will serve many purposes of helping keep an eye on HMO planning or license applications.

The link is: ***https://www.facebook.com/groups/2909096592641524***

The families/residents can share information on nearby HMO applications, news, updates etc – in the hope that as a community we can rally on any new unnecessary applications.

Oddly enough – I was hoping this 'Cathays Monthly Update' would be one platform to put out petitions for wider outreach to Cathays each time some insane planning application goes through!

Howard 'H' Davies - RIP

Towards the end of March, one of long term residents and Cons Club regulars Howard 'H' Davies passed away unexpectedly. Howard was in his early 50's so this has been a shock to many of us who knew him.

Howard was a very popular and well-liked man, always acting with decorum, modesty and decency even though he towered over most of us with his intellect. A true gentleman!

I will certainly miss the stimulating conversations – a very smart man who passed years before his time! You will be missed sir!

11th Your Cathays hardcopy is going out now!!

It will take a whole day to get down each street – yet I hope to speak with many of you in the coming weeks!!

This is the biggest newsletter to date – eight A3 sides with a massive amount that needs to be shared with your community! So please be patient when reading through it – for once a blue 'jump list/contents list' has been added to help you get through the hardcopy more efficiently! ***Thank you to everyone who donated*** – this is your community newsletter!!

Velodrome celebration event on Sunday 24th April

Please note; the committee who have set up the 'Maindy Park 100 Year Celebration' want everyone to know that 24th April's celebration is a community effort *& NOT some political statement*!

April: Foodbank across Cathays

Deposit in Foodbank Boxes at Sainsbury's, Lidl, Co-Operative etc. – Cardiff Foodbank are short of many things: ***please donate!!***

- **SPONGE PUDDINGS**
- **TINNED FRUIT**
- **FRUIT JUICE (LONG LIFE) 1 LITRE**
- **SQUASH (1 LITRE BOTTLES)**
- **INSTANT COFFEE (SMALL JARS)**
- **MICROWAVEABLE RICE & PASTA**
- **CUSTARD**
- **MILK (UHT LONG LIFE 1 LITRE)**
- **SAVOURY SNACKS (CRISPS, CRACKERS ETC)**
- **RICE PUDDING**
- **CHOCOLATE BARS**
- **ANTIBACTERIAL SPRAY/BLEACH**
- **SHAMPOO/CONDITIONER**
- **DEODORANT**

Please be aware this could change very quickly each month – so please check out the Cardiff Foodbank link: ***https://cardiff.foodbank.org.uk/give-help/donate-food/***

Every single donation in 2021 will help a great deal in these difficult times! We know we can count on your in 2022 !!

Thank you to all who contribute!

Gauri – Cardiff Foodbank

Election – get registered to vote!

Please ensure you are registered to vote. Often you will require to share your National Insurance number.

If you do not have your NI: National Insurance number to hand, you can provisionally register with the council and they will be in touch to get confirmation of your passport or driver's license!

Thank you for the trust neighbours!

2017 to 2022, Thank you to everyone who has given trust by giving their email – I do hope we get to double the recipient list of neighbours so that more people are aware each month of all the good things happening in Cathays!

www.cathays.org.uk | www.ConnectCathays.org.uk | www.davius.co.uk | www.CathaysCompass.org | www.YourCathays.org.uk | search: Cathays PACT

The 'Your Cathays online CALENDAR' is starting to rebuild – please help populate it!

Links: ***https://www.yourcathays.org.uk/***

Scroll down the front page or click on the CALENDAR – What's on this month link

It will take the majority of 2022 to get this calendar all populated – so please bear with the online calendar! It takes a lot of time just to get one entry created accurately and double-checking details with all contributors!

Please help to repopulate this monthly online Cathays Calendar – for those with entries on the calendar, please ensure the information is updated with times, links etc.

Events in April 2022

MON	TUE	WED	THU	FRI	SAT	SUN
28	29 8:00 pm: Red Tooth POKER NIGHT - every Tuesday at The Cathays Cons	30	31	1 6:00 pm: Cardiff Green Drinks - every 1st Friday of the month	2 10:00 am: Repair Cafe Cathays - every 1st Saturday of the month 10:30 am: XR Cardiff - Monthly Meetings - first Saturday of each month	3
4 7:00 pm: Cathays Brass - every Monday evening!! 7:00 pm: Cathays PACT - Bi-Monthly: Feb, April, June, Aug, Oct, Dec @ Venue TBC	5 10:30 am: 'Walking for Health' - every Tuesday	6	7 2:00 pm: Heritage FAN [Friends And Neighbours] 2pm at Cathays Library 7:30 pm: Blues Dragon & Blues - First Thursday of each month	8 6:30 pm: IYP - Youth Club @ Cathays Community Centre EVERY Friday	9	10
11 9:30 am: Story Time for Under 5's - English 7 Welsh Medium - EVERY Monday	12 2:00 pm: Memory Lane (Dementia support group) EVERY Tuesday 6:00 pm: Friends of the Earth Cardiff - monthly meeting - 2nd Tuesday each month!	13 10:30 am: Police Community Access Point - weekly @ Cardiff Union	14	15	16 10:00 am: Plant sales @ Bute Park - every Saturday	17 2:00 pm: Basic Roadside Repair Course - £11 @ Ride My Bike Cafe
18 6:00 pm: Embassy Youth Club - EVERY Monday early evening	19	20 10:00 am: Coffee Morning - EVERY Wednesday @ Cathays Community Centre	21 2:00 pm: Knit & Natter - WEEKLY Knitting group @ Woodville Baptist	22	23	24
25	26 8:00 pm: Red Tooth POKER NIGHT - every Tuesday at The Cathays Cons	27 6:00 pm: Cardiff Cycle City - monthly meeting @ Ride my Bike	28 12:00 pm: 'Cuppa with a Copper' - Bi-weekly @ Cathays Library 2:00 pm: Memory Lane (Dementia Support) EVERY Thursday	29	30	1

www.cathays.org.uk www.ConnectCathays.org.uk www.davius.co.uk www.CathaysCompass.org www.YourCathays.org.uk search: Cathays PACT

Repair Café Cathays – from 10am @ Sherman Theatre – Saturday 2nd April

Main website: ***https://repaircafewales.org/event/repair-cafe-cathays/all/***





email: ***repaircafecathays@gmail.com***

Social Media please search: ***Repair Café Cardiff***







Cerys Jones - Director - Repair Café Cathays

CRG: Cardiff Rivers Group - Bute Park Clean up @ Blackweir on Sunday 3rd April

Website Link: ***www.cardiffriversgroup.org.uk***
Facebook page: ***www.facebook.com/cardiffrivers***

On ***Sunday 3 April, 2022***, we'll be litter-picking the river banks and the parks upstream and downstream on both sides of the Taff around Blackweir Bridge, aiming to cover as large an area as we can.

Cardiff Rivers Group
Grŵp Afonydd Caerdydd

Meet at ***09:45*** on the ***Bute Park side of Blackweir Bridge***.
All equipment — gloves, litter-pickers, bags, hoops, etc — provided.
But if you have your own litter picking equipment, please bring it along.
Please wear wellies, boots or stout shoes, and suitable clothing. You might also want to bring waterproofs in case of wet weather.

If the Cathays residents can join us – it would help us a great deal !!

Come along and Make A DIFFerence!

Parking:

Since 2009 – the CRG volunteers have come from all over Cardiff

Although we actively encourage everywhere to walk / cycle (yes you can lock up your bikes to the CRG truck or the nearby fences) – some of you will use cars – so parking is available in various places:

- Pontcanna Fields car park (Fields Park Rd, CF11 9HY);
- Turning Head car park (Cathedral Rd, CF11 9PQ); Tesco at Gabalfa (15 mins walk);
- Sophia gardens car park (CF11 9LJ - 15 mins walk).



Dave, Louise, Nigel, Chris, John & committee/volunteers of ***CRG: Cardiff Rivers Group***

Edgar Martins @ Ffotogallery on Fanny Street – from 4th – 9th April

Website: ***www.ffotogallery.org***
FB: ***https://www.facebook.com/ffotogallery***
Email: ***info@ffotogallery***
Phone: ***029 2034 1667***



Concert for Ukraine @ The Table – Pentyrch Street – Friday, 8th April

Please come and join us ! FB event link: ***https://www.facebook.com/events/970141790355743/***

An evening of live music in the heart of Cathays where we will be showing our solidarity and raising funds for the people of Ukraine.

There will be lovely cakes & savoury treats, drinks, a raffle and more importantly, great music from a range of singers and musicians.

Entry (which includes a raffle ticket) will be a minimum donation of ***£5 on the door***, £3 for concessions. *All donations will be going to the British Red Cross.*

Artists that will be joining us on the night:

Lloyd Macey (Vocal), Aurelija Stasiulyte (Vocal), Adam James (Vocal), Liz John (Flute), Kevin John (Violin), Jane Newman (Piano) *and more to be announced*.....



Clare, Aurelija and John – local residents and event organisers!

CATHAYS & CENTRAL YOUTH AND COMMUNITY PROJECT www.cathays.org.uk | www.ConnectCathays.org.uk | www.davius.co.uk | Cathays Compass www.CathaysCompass.org | Your Cathays Community Newsletter www.YourCathays.org.uk | Cathays Partneriaethau a Chymunedau Ynghyd PACT Partnerships and Communities Together search: Cathays PACT

Come dine with us - Al-Manar Centre @ Any Saturday or Sunday during Ramadan:





The Mari Lwyd @ Cathays Library – Thursday 14th April

LINK: ***https://www.fatsoma.com/e/anim8s0y/disney-kids-party/***

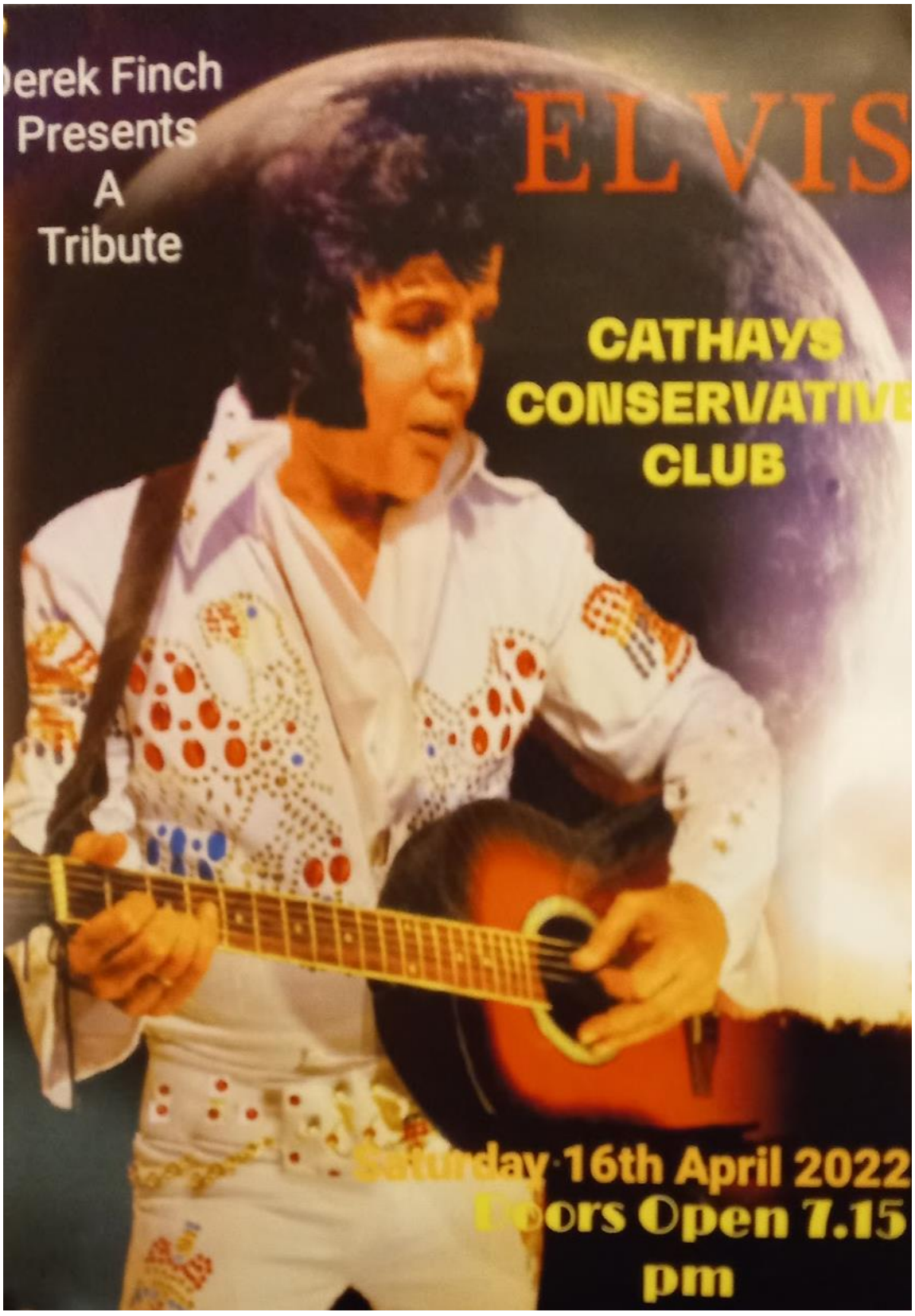
At the Vulcan Lounge – on corner of Coburn Street and Salisbury Road



Janina – Development and Support Officer for FAN

Elvis Tribute @ The Cons Club, Cathays – Saturday, 16th April

Website: ***www.thecathayscons.co.uk***



Disney Kids Party @ Vulcan Lounge – Sunday, 17th April - 1pm to 5pm

LINK: ***https://www.fatsoma.com/e/anim8s0y/disney-kids-party/***

At the Vulcan Lounge – on corner of Coburn Street and Salisbury Road



Here we go again!

Sunday 17th April our venue will be decorated to the high heavens once again this time with a Disney theme.

We have and 18+ event in the evening but thought why not make the most of the work we have to do and have another kids party before hand, Especially after our kids Halloween party which was a roaring success, We had a full house The kids loved it, The Parents Enjoyed it and Our staff class it as one of the best events we have ever had at the venue! (it was ABSOLUTELY ADORABLE!)

We will have numerous life action Disney characters on site doing the entertainment and keeping the kids amused, A themed photo wall set up, Disney films on the TV's, load of games and refreshments for both the kids and parents!

We hope to see parents (not an actual requirement) and the kids all dressed up as there favourite Disney characters.

All ticket sales going directly to a Local Charity - Noah Arks Children's Hospital

Were asking for at least 1 adult to be present for every 3 children.

The venue will be closing the doors at 5pm so we can set up for a different event later in the evening so all children and parents will need to be gone by this point, although the parents are more than welcome to come back on there own later in the evening!

Full details are still a work in progress ill update you as we go along.

Looking forward to this already!

Kyle – Manager – Vulcan Lounge

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Maindy Park 100 year Celebration @ Maindy Stadium - Sunday 24th April

Website: ***http://maindypark100.wales/***



This year marks ***a 100 years*** since *Maindy Park was gifted to the residents of Cardiff for recreational and sports use*.

Please join us on ***Sunday 24th, April*** for a family fun day to mark this centenary and to show your support for the continued use of Maindy for and by the local community.

From 2pm – onwards

Bring the whole family for a Sunday afternoon picnic

→ Cycling events
→ Try out a mini-Triathlon
→ Food and Entertainment
→ Dog competitions

The Maindy 100-year Celebration Committee / Organisers

Acorn – A union for helping build real power in your community!



Paul – Cathays Resident

www.cathays.org.uk | www.ConnectCathays.org.uk | www.davius.co.uk | www.CathaysCompass.org | www.YourCathays.org.uk | search: Cathays PACT

What's on in Spring 2022 @ Cathays Community Centre!

CANOLFAN GYMUNEDOL CATHAYS
CATHAYS COMMUNITY CENTRE

WHAT'S ON SPRING

*Term Time Only

MONDAY
INCLUSIVE DAY PROVISION
(Supported day service) 10:00-16:00
ENGLISH LANGUAGE CLASSES
(ESOL) 09:30-14:00
EMBASSY YOUTH CLUB 18:00-20:30

TUESDAY
INCLUSIVE DAY PROVISION
(Supported day service) 10:00-16:00
MEMORY LANE SOCIAL CLUB
(ONLINE- for people living with dementia and their carers) 14:00-16:00
IMPACT (LGBTQ+ youth club) 17:00-19:00
WILFORD SCHOOL OF DANCE
(BALLET/MODERN/TAP) 18:00-21:00
EXPRESSION DANCE 19:30-21:00
APOSTOLIC VISION CHURCH 19:00-21:00

WEDNESDAY
INCLUSIVE DAY PROVISION
(Supported day service) 10:00-16:00
Coffee Morning 10:00-12:00
ENGLISH LANGUAGE CLASSES (ESOL)
09:30-14:00
CHRIST EMBASSY 18:00-21:00
WILFORD SCHOOL OF DANCE 19:15-21:30

CAFE
WILD THING
MONDAY - SUNDAY
09:00 - 16:00

COMMUNITY FRIDGE
RIVERSIDE SOURDOUGH BAKERY

TEENSCHEME INCLUSIVE YOUTH PROVISION

THURSDAY
INCLUSIVE DAY PROVISION
(SUPPORTED DAY SERVICE) 10:00-16:00
MEMORY LANE SOCIAL CLUB 14:00-16:00
YOUTH CLUB AGE 10+ 16:30-18:30
F&P DANCE COMPANY 17:45-18:30
APOSTOLIC VISION CHURCH 19:00-21:00
DAA 20:00-21:00
AIKIDO (CHILDREN AGED 10-13) 19:00-20:00
AIKIDO FOR ADULTS 20:00-21:00

FRIDAY
INCLUSIVE DAY PROVISION
(SUPPORTED DAY SERVICE) 10:00-16:00
CAPOEIRA 16:30-17:30
UTIK TAEKWANDO 17:30-19:30
INCLUSIVE YOUTH CLUB 18:30-20:30
(11-25 Y/O)
CHESS CLUB 19:00-20:00

SATURDAY
WILFORD SCHOOL OF DANCE 10:00-15:00
STEPHANIE MYDDELTON PILATES 10:30-11:30
INFINITE JEST THEATRE 12:00-14:00
GLITTER CYMRU 14:00-16:00

SUNDAY
GLOW PILATES STUDIO S (OCT) 10:30-11:30
APOSTOLIC VISION CURCH 10:00 - 12:00 & 17:30-20:00
LOVE AND WORLD CHURCH 10:00-14:00
YAHWEH CHURCH 12:30-14:00
CARDIFF CHURCH 14:30 -17:30
SING OUT STRONG CHOIR 18:00-19:30

36 - 38 Cathays Terrace CF24 4HX
02920 373 144 / email@cathays.org.uk

@CCYCP | cathayscommunitycentre | @CCYCP1 | cathays.org.uk

Need a Band Practice Room? Cathays Community Centre.

Website Link: ***www.cathays.org.uk***
Facebook: ***https://www.facebook.com/ccycp***
Email: ***email@cathays.org.uk***



Bud, Helene and team – Cathays Community Centre

Baby & Toddler Group – Each Tuesday @ The Table:





May 2022 – Cathays Monthly Update – will it be a fresh start after the election?

It seems we can not ignore the election!

So many pressing issues that need to be addressed on every street of our fair district.

Election is coming – vote for better change!

3,500 residents in Cathays can vote for real change – it's up to all of you now!

Regards,

Paulus