www.cathays.org.uk www.ConnectCathays.org.uk www.davius.co.uk www.CathaysCompass.org www.YourCathays.org.uk search: Cathays PACT

Cathays Monthly Update – June 2022

Check out the regular events on the Y/C calendar: ***www.yourcathays.org.uk***

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Queen's Jubilee Events in Cathays!

Cathays Sports & Social are putting on several events over the weekend – I shall enjoy their legendary BBQ which is on Sunday, and other streets are doing their own street parties – superb !!

Friends of Bute Park – starting up again!!

It was very agreeable to hear from a retired volunteers that 'Friends of Bute Park' is to get off the ground. This is amazing news – and I am aware many Cathays folks are passionate about this amazing park space! So hopefully there will be tours, workshops etc in the future.

Frequent collaborations undertaken by Friends of Bute Park in the recent decade include volunteering alongside Cardiff Rivers Group, the Park Rangers, local schools and local families who donated wildflowers to different planting projects in Cathays.

There is great opportunity for synergy of volunteers and other local groups. As more information is available, it will be added to the email updates.

Tree planting in Cathays

This has quietly been undertaken in Cathays and wider Cardiff where local indigenous Oaks, Ash, Conker trees etc are locally grown and distributed across various projects (not as much as the 1000's of wildflowers a few local residents grow and distribute).

Help us to map out where to plant trees in Cathays. There is space everywhere – it is just about objectively looking at every space in Cathays and wondering if we can add a tree to said space.

Please do nominate your's spaces in Cathays – green spaces, side roads etc – or nominate a space where a tree has fallen/or been cut down.

We hope to undertake a rolling programme or growing the trees from seeds, to sprout, to seedlings onto juvenile growth (when they probably are planted) and then left in the community as adult trees. Perhaps we should have a local programme for disposing of dead trees in the 2030's and 2040's?

Closing down the FB resident's group:

The temporary FB page that was set up; to separate the 2020 lockdown online fracases, it has now served it's purpose now and will be shut down in the coming weeks.

Surge in email sign up's to this update!

With the 11th hardcopy going out to 1,700 families (been incredible and very energising talking to 95% of you after 2 years or not being able to door knock!) – there has been a significant jump in people signing up to the Cathays Monthly Update email list !!

June: Foodbank across Cathays

FIY – this get's updated each month which you can check yourself on the Foodbank list below!

Deposit in Foodbank Boxes at Sainsbury's, Lidl, Co-Operative etc. – Cardiff Foodbank are short of many things: ***please donate!!***

- **TINNED FRUIT**
- **SPONGE PUDDINGS**
- **GOOD QUALITY CARRIER BAGS**
- **INSTANT COFFEE (SMALL JARS)**
- **FRUIT JUICE (LONG LIFE) 1 LITRE**
- **INSTANT NOODLES**
- **TINNED TOMATOES**
- **SQUASH (1 LITRE BOTTLES)**
- **MICROWAVEABLE PASTA**
- **CUSTARD**
- **MILK (UHT LONG LIFE 1 LITRE)**
- **SAVOURY SNACKS (CRISPS, CRACKERS ETC)**
- **RICE PUDDING**
- **ANTIBACTERIAL SPRAY/BLEACH**
- **SHAMPOO/CONDITIONER**
- **DEODORANT**

Please be aware this could change very quickly each month – so please check out the Cardiff Foodbank link:
https://cardiff.foodbank.org.uk/give-help/donate-food/

Every single over 2022 will help those in greater need !! Thank you to everyone who donates even just one item each!

Many appreciate your generosity.

Gauri – Cardiff Foodbank

Summer exodus and clear out!

Please do talk to the students, a lot of them do not want to throw their belongings in the bin – if they leave items outside their houses and put free adverts up on FB, Next Door or other social media – the objects left outside may be of use to local residents.

Every year, I always get a bevy of spare plant pots, dead plants (that are composted) and small amounts of soil that can be re-used.

www.cathays.org.uk | www.ConnectCathays.org.uk | www.davius.co.uk | www.CathaysCompass.org | www.YourCathays.org.uk | search: Cathays PACT

The 'Your Cathays online CALENDAR' is starting to rebuild – please help populate it!

Links: ***https://www.yourcathays.org.uk/***

Scroll down the front page or click on the CALENDAR – What's on this month link

Please do email your regular monthly events for this calendar to mail@yourcathays.org.uk

Please help to repopulate this monthly online Cathays Calendar – for those with entries on the calendar, please ensure the information is updated with times, links etc.

Basic/Uncategorised | Health, Fitness & Sports | Local Business | Volunteering & Activism | Social & Recreation | Art, Music & Culture

Events in June 2022

		1 10:00 am: Bute Park - Plant Sales EVERY Wednesday	2 2:00 pm: Heritage FAN [Friends And Neighbours] 2pm at Cathays Library 7:30 pm: Blues Dragon & Blues - First Thursday of each month	3 6:00 pm: Cardiff Green Drinks - every 1st Friday of the month	4 10:00 am: Repair Cafe Cathays - every 1st Saturday of the month 10:30 am: XR Cardiff - Monthly Meetings - first Saturday of each month	5
6 7:00 pm: Cathays Brass - every Monday evening!! 7:00 pm: Cathays PACT - Bi-Monthly: Feb, April, June, Aug, Oct, Dec @ Venue TBC	7 10:30 am: 'Walking for Health' - every Tuesday	8 10:30 am: Police Community Access Point - weekly @ Cardiff Union	9 4:30 pm: Youth Club @ Cathays Community Centre - EVERY Thursday	10 6:30 pm: IYP - Youth Club @ Cathays Community Centre EVERY Friday	11	12
13 9:30 am: Story Time for Under 5's - English 7 Welsh Medium - EVERY Monday	14 2:00 pm: Memory Lane (Dementia support group) EVERY Tuesday 6:00 pm: Friends of the Earth Cardiff - monthly meeting - 2nd Tuesday each month!	15 10:00 am: Coffee Morning - EVERY Wednesday @ Cathays Community Centre	16 2:00 pm: Knit & Natter - WEEKLY Knitting group @ Woodville Baptist	17	18 10:00 am: Plant sales @ Bute Park - every Saturday	19 2:00 pm: Basic Roadside Repair Course - £11 @ Ride My Bike Cafe
20 6:00 pm: Embassy Youth Club - EVERY Monday early evening	21	22 6:00 pm: Cardiff Cycle City - monthly meeting @ Ride my Bike	23 12:00 pm: 'Cuppa with a Copper' - Bi-weekly @ Cathays Library 2:00 pm: Memory Lane (Dementia Support) EVERY Thursday	24	25	26
27	28 8:00 pm: Red Tooth POKER NIGHT - every Tuesday at The Cathays Cons	29	30			

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Repair Café Cathays – from 10am @ Sherman Theatre – Saturday 4th June

Main website: ***https://repaircafewales.org/event/repair-cafe-cathays/all/***











email: ***repaircafecathays@gmail.com***

Social Media please search: ***Repair Café Cardiff***

Phoebe - Repair Café Cathays

Jubilee Weekend Celebration – Cathays Sports and Social @ Friday 3rd to Sunday 5th !!

Website Link: ***http://www.cssc.ukpub.net/***



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The Davies Sisters (FAN Charity) @ Cathays Library – Thursday 9th June

LINK: ***www.thefancharity.org***



Janina – Development and Support Officer for FAN

John Paul Evans Preview @ Ffotogallery (Fanny Street) - Thursday, 16th June

Website: ***www.ffotogallery.org***
FB: ***https://www.facebook.com/ffotogallery***
Email: ***info@ffotogallery***
Phone: ***029 2034 1667***

PREVIEW: 16 JUNE, 6-9PM

Ffotogallery is delighted to present What is lost…what has been, a solo exhibition of photographic works by Welsh artist John Paul Evans, taking place from 17 June – 3 September 2022.

"What is lost …what has been is a visual soliloquy to 'absent friends', people I considered my family. The works are also a coda to my installation in the sweet bye & bye which was a photographic cathexis in response to the death of my closest friend in Dec 2017. His death brought back memories of my father's close friend, who died some years before.

The autoethnographic process of weaving one's personal history into a visual dialogue is useful to explore photography's tendency towards memorialisation and also to analyse ideas of belonging/otherness, mourning and melancholia in relation to the photographic family album."



John Paul Evans is a Welsh-born photographic artist and academic who now lives in Devon, England. His work explores the polemics of gender representation in photography.

John Paul Evans has received various international awards including the 2016 Hasselblad Masters Award. He was winner of the Dodho Magazine B&W Award 2017, KL Photo awards 2017, Bokeh Bokeh portfolio awards 2017 & 2018, Pride Photo Awards 2014.

Image: A pair of pansies © John Paul Evans

Cath - Ffotogallery

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YOUTH CLUB £1-00p each @ Cathays Community Centre – EVERY Thursday!!

CCYCP / Cathays Community Centre website: ***www.cathays.org.uk***

Cathays Youth and Community Club

Age 10+

Thursdays

430PM-630PM

Cathays Youth and Community Centre
36-38 Cathays Terrace, Cardiff CF24 4HX

Cost £1

Pool, Arts and Crafts, Dancing and More!

Your club where you decide the activities!



CANOLFAN GYMUNEDOL CATHAYS

CATHAYS COMMUNITY CENTRE

Facebook @CathaysOutreach Hub

Instagram @Cathays_outreach

Twitter @CathaysOutreach

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What's on in June 2022 @ Cathays Community Centre!



Baby & Toddler Group – Each Tuesday @ The Table:





July 2022 – Cathays Monthly Update – will it be a fresh start after the election?

Yes – the last 3 entries were in last month's update – with term ending there is a lot going on in the summer – this email update gets shared across the inner 8 districts of Cardiff, so we hope to show what a thriving place Cathays is!

School term is ending – what can the community put on for our families, children and teenagers?

Please do get your posters in !!!

Regards,

Paulus