Cathays Monthly Update – August 2022

Check out the regular events on the Y/C calendar: ***www.yourcathays.org.uk***

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More businesses closing on Monday's!

CSAS: ***Cathays Sports & Social*** is another venue to formally close on Monday's. The businesses on Crwys Road and Cathays Terrace do feel that they have suffered greatly with all the roadworks, the reduction in customer parking etc. which has resulted in reduced incomes for all the businesses – no-one has been immune from the losses.

This may be a sign of the coming years; which many of the businesses and local organisations are open on Monday's. This may be conducive for venues open all weekend, where the owners need time to catch up on admin, procurement etc.

It must be stressed that CSAS intends to reopen on Monday's come the autumn (if not earlier).

The Vulcan Lounge closes for a few weeks!

The Vulcan Lounge on Wyevern Road / Coburn Street is closed for mid-July to mid/late August as it undergoes some internal work and no doubt the resident regular's look forward to it re-opening.

Increasing the green in our district?

It does seem an impossible task on some terraced streets in Cathays given the lack of frontage, yet what other areas can we improve the green spaces of across Cathays?

Some residents have cited the increased food, energy etc costs have decreased their funds to focus on garden improvements. Could a volunteer group help out with some overgrowth bashing and helping neighbours clear out their gardens?

150 new laws/guidelines for Landlords?

So – a few people have mentioned the amount of 'for sale' signs that have shot up over Cathays as certain landlords, it appears, wish to sell up and move on.

I am not privy to what these new landlord guidelines (laws?) are that are coming out, yet I do hope to engage with Cardiff Landlord Forum to discuss their views upon it.

This of course, will be shared out in the hardcopy newsletter whenever it goes out.

Sadly – a few more neighbours have passed.

We've lost 3 more long term residents as Sue, Spiro and Judith all passed away in July. It goes without saying they will be missed by their close friends and families.

Conversely, we've had 3 more young families move into Cathays. It may be challenging for them to meet the residents. Please do tell them about the Newsletter website, there may be activities they wish to join in on and thereby meet other local families.

August: Foodbank across Cathays

Deposit in Foodbank Boxes at Sainsbury's, Lidl, Co-Operative etc. – Cardiff Foodbank are short of many things: ***please donate!!***

- **SPONGE PUDDINGS**
- **FRUIT JUICE (LONG LIFE) 1 LITRE**
- **SAVOURY SNACKS (CRISPS, CRACKERS ETC)**
- **CHOCOLATE/SWEETS**
- **RICE PUDDING**
- **CUSTARD**
- **LONG GRAIN RICE (500G - 1KG BAGS)**
- **JAM**
- **TINNED FRUIT**
- **SQUASH (1 LITRE BOTTLES)**
- **TINNED TOMATOES**
- **DEODORANT/ANTIPERSPIRANT**
- **SHAMPOO/CONDITIONER**
- ***ANTIBACTERIAL SPRAY/BLEACH***
- ***GOOD QUALITY CARRIER BAGS***

Please be aware this could change very quickly each month – so please check out the Cardiff Foodbank link: ***https://cardiff.foodbank.org.uk/give-help/donate-food/***

Every single donation in 2021 will help a great deal in these difficult times! We know we can count on your in 2022 !!

Thank you to all who contribute!

Gauri – Cardiff Foodbank

Electric charging – your stories?

A few residents have electric cars in Cathays, what challenges – and solutions have they come up with to ensure they can capably charge up their battery packs without tripping people up on the pathways etc.

The infrastructure for so many streets will have to change as more electric cars populate Cathays in the 2020's.

Do you have a story or ideas to share?

CATHAYS & CENTRAL YOUTH AND COMMUNITY PROJECT www.cathays.org.uk | www.ConnectCathays.org.uk | davius.co.uk www.davius.co.uk | Cathays Compass www.CathaysCompass.org | Your Cathays Community Newsletter www.YourCathays.org.uk | Cathays Partneriaethau a Chymunedau Ynghyd PACT Partnerships and Communities Together search: Cathays PACT

The 'Your Cathays online CALENDAR' is starting to rebuild – please help populate it!

Links: ***https://www.yourcathays.org.uk/***

Scroll down the front page or click on the CALENDAR – What's on this month link

It will take the majority of 2022 to get this calendar all populated/revised – so please bear with the online calendar! It takes a lot of time just to get one entry created accurately and double-checking details with all contributors!

Please help to repopulate this monthly online Cathays Calendar – for those with entries on the calendar, please ensure the information is updated with times, links etc.

Basic/Uncategorised | Health, Fitness & Sports | Local Business | Volunteering & Activism | Social & Recreation | Art, Music & Culture

Events in August 2022

MON	TUE	WED	THU	FRI	SAT	SUN
1 7:00 pm: Cathays Brass - every Monday evening!! 7:00 pm: Cathays PACT - Bi-Monthly: Feb, April, June, Aug, Oct, Dec @ Venue TBC	**2** 10:30 am: 'Walking for Health' - every Tuesday 10:30 am: Baby & Toddler Group - EVERY Tuesday @ 'The Table' - Pentyrch Street	**3** 10:00 am: Bute Park - Plant Sales EVERY Wednesday	**4** 2:00 pm: Heritage FAN [Friends And Neighbours] 2pm at Cathays Library 7:30 pm: Blues Dragon & Blues - First Thursday of each month	**5** 6:00 pm: Cardiff Green Drinks - every 1st Friday of the month	**6** 10:00 am: Repair Cafe Cathays - every 1st Saturday of the month 2:00 pm: XR Cardiff - Monthly Meetings - first Saturday of each month @ Bute Park	7
8 9:30 am: Story Time for Under 5's - English 7 Welsh Medium - EVERY Monday	**9** 2:00 pm: Memory Lane (Dementia support group) EVERY Tuesday 6:00 pm: Friends of the Earth Cardiff - monthly meeting - 2nd Tuesday each month!	**10** 10:30 am: Police Community Access Point - weekly @ Cardiff Union	**11** 4:30 pm: Youth Club @ Cathays Community Centre - EVERY Thursday	**12** 6:30 pm: IYP - Youth Club @ Cathays Community Centre EVERY Friday	**13** 10:00 am: Keep Cathays Tidy - monthly mass litter pick!! 2nd Saturday of EVERY month	14
15 6:00 pm: Embassy Youth Club - EVERY Monday early evening	16	**17** 10:00 am: Coffee Morning - EVERY Wednesday @ Cathays Community Centre	**18** 2:00 pm: Knit & Natter - WEEKLY Knitting group @ Woodville Baptist	19	**20** 10:00 am: Plant sales @ Bute Park - every Saturday	**21** 2:00 pm: Basic Roadside Repair Course - £11 @ Ride My Bike Cafe
22	23	**24** 6:00 pm: Cardiff Cycle City - monthly meeting @ Ride my Bike	**25** 12:00 pm: 'Cuppa with a Copper' - Bi-weekly @ Cathays Library 2:00 pm: Memory Lane (Dementia Support) EVERY Thursday	26	27	28
29	**30** 8:00 pm: Red Tooth POKER NIGHT - every Tuesday at The Cathays Cons					

CATHAYS & CENTRAL YOUTH AND COMMUNITY PROJECT www.cathays.org.uk | www.ConnectCathays.org.uk | www.davius.co.uk | Cathays Compass www.CathaysCompass.org | Your Cathays Community Newsletter www.YourCathays.org.uk | Cathays Partneriaethau a Chymunedau Ynghyd PACT Partnerships and Communities Together search: Cathays PACT

Repair Café Cathays – from 10am @ Sherman Theatre – Saturday 6th August

Main website: ***https://repaircafewales.org/event/repair-cafe-cathays/all/***

sss



email: ***repaircafecathays@gmail.com***

Social Media please search: ***Repair Café Cardiff***







Cerys Jones - Director - Repair Café Cathays

Cathays Community Centre's MAITLAND SUMMER FESTIVAL: Friday, 19th August

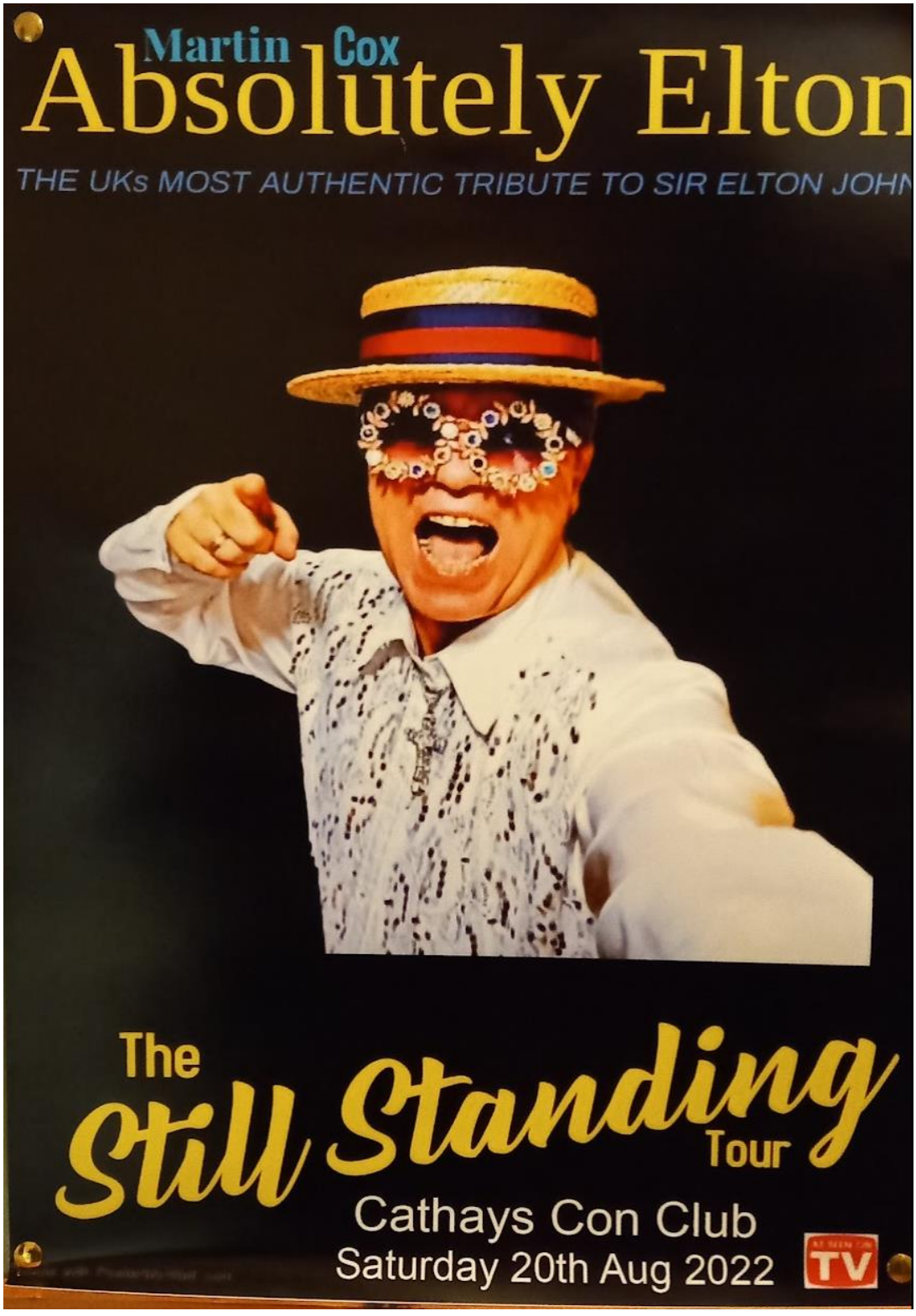
Website Link: ***www.cardiffriversgroup.org.uk***
email: ***cathayslibrary@cardiff.gov.uk***
Phone: ***02920 373 144***



Elton John Tribute Performer @ The Cons Club – Saturday, 20th August

Website Link: ***https://www.thecathayscons.co.uk/***

Telephone: 029 2022 0902



Celebrating Pride – all August @ Ffotogallery on Fanny Street – All August!

Website: ***www.ffotogallery.org***
FB: ***https://www.facebook.com/ffotogallery***
Email: ***info@ffotogallery***
Phone: ***029 2034 1667***

Throughout August, Ffotogallery will host an incredible programme of special events celebrating the LGBTQ+ community. Please do come and get involved – open to everyone!

Our month-long programme is as diverse as the community that we are celebrating and is sure to offer something for everyone. We have creative workshops, discussions, artists talks, films and much more lined-up all with a focus around LGBTQ+ subjects.

→ A special Tea & Cake Tuesday social event 2nd August, 11am-1pm.
→ Saturday 6th August: This Is Me! several creative workshops exploring themes of identity, 12-5pm.
→ Queer Flicks: An evening of short films with LGBTQ+ themes on Friday 12th August, 8-10pm.
→ Pictures of You: A photo walk around Cardiff City Centre with Aaron Lowe, looking at themes of identity, Sunday 14th August 2-4pm.
→ Artist Talks from On Your Face Collective on Tuesday 16th August, 7-8pm.
→ Paving The Way: How LGBTQ+ History Has Influenced Today's Community. A panel discussion exploring intergenerational experiences will take place on Thursday 18th August, 6-8pm.
→ Altered Images: A whole day workshop exploring experimental photographic processes around the theme of identity with Michal Iwanowski at the Old Laundry Rooms Darkrooms in Made In Roath Studios on Saturday 20th August.
→ The Queer Emporium will also be taking over our shop space for the whole month.

All events are free. Booking is required for some events with limited spaces.
Further information with details of separate events will be available soon.
Watch out for our Instagram takeovers throughout the month too.



New Food business opened up – Fowl and Fury!

FB page: ***https://www.facebook.com/FowlandFury***
Instagram page: ***https://www.instagram.com/fowlandfury/***

Fowl and Fury – the 'Nashville Hot Chicken' food premise is opened on Wyeverne Road in July, we wish them every success with their new business set up!



New Skills/Trades Business setting up in Cathays! JJ's Helping Hands Ltd

Email: ***jjshelpinghandsltd@gmail.com***

JJ's Helping Hands the is focused on gardening, cleaning services, building maintenance, flat-pack assembly, installing personal surveillance and much more.

Joe and Josh are renowned for being local grafters (so it is agreeable they are going full on with setting up their own business to support our community in Cathays!) and their efforts have been widely sung by families who have used their services in the last 5-6 years in Cathays!

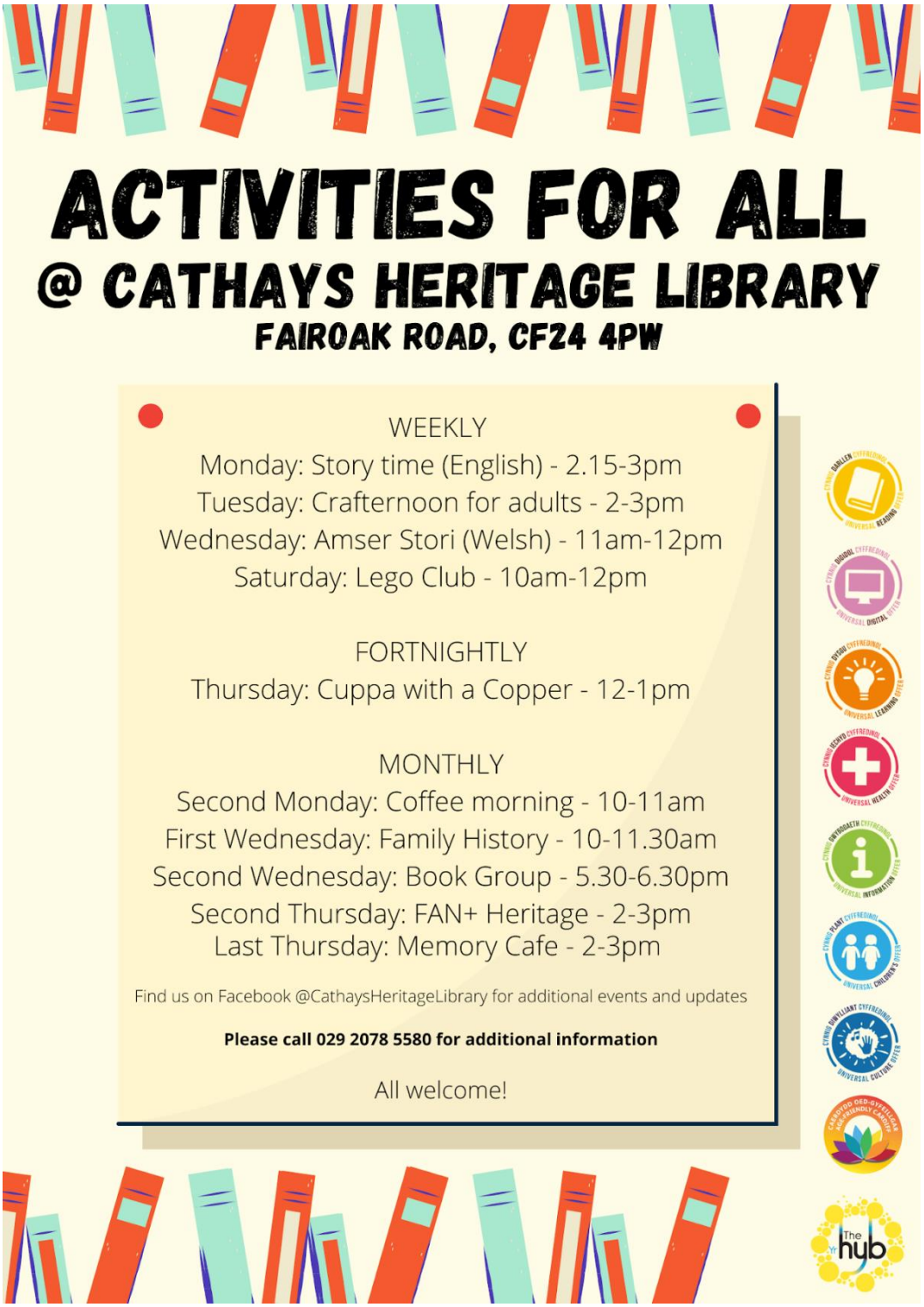
A lot of Joe and Josh's work comes from personal/professional referrals, based on the trust and appreciation the local residents and local businesses have of their efforts.

Contact them to see what they can help with your household clean up, improvements and maintenance!



Cathays Library – change of regular events for August 2022 onwards!

Website Link: ***https://cardiffhubs.co.uk/venue/cathays-library/***
email: ***cathayslibrary@cardiff.gov.uk***
Phone: ***02920 785 580***



Reminder - Baby & Toddler Group – Each Tuesday @ The Table:





September 2022 – Cathays Monthly Update

Many of us will be tested by the heat and arid conditions! Local nature is also effected by this – so please do undertake small token steps such as:

Please do put water out on hot days in August for the local wildlife!

Collect the leaves in bags (yes they are falling everywhere in July and August – not just in Autumn) – great for composting / soil conditioning for all those wildflower and keen garden enthusiasts!!

Every small contribution makes our community stronger!

Regards,

Paulus