Cathays Monthly Update – May 2024

Check out the regular events on the Y/C calendar: ***www.yourcathays.org.uk*** on the home page!

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May 2024 comments:

Cathays Fair 2024 is happening !!!!

Yes – you read it right – the community fair is happening on ***Saturday, 6th July 2024*** (times to be firmed up – yet provisionally let's say afternoon 2pm to 5pm slot. The usual invitations will be sent out asap to you all. For now get the date in your diaries/phones!!

This has been achieved by our two head teachers working together, sorting out the building work allowing the school playgrounds to be safe for this annual community event launched in 2017, 2018 and our last community fair!

Interested in setting up a stall? Please do get in touch – you'll be sent the appropriate forms.

At present you will need business/indemnity insurance, a gazebo of sorts. If you are selling food – obviously food hygiene etc.

We are hoping for 50 ish stalls, two music stages and many residents to come and enjoy the festivities.

Beryl Lewis - RIP

Clare and Zac wish to tell our community that very sadly Beryl Adelaide Lewis passed away on 5th March. Beryl was a long-term resident of Dalton Street and sadly passed very suddenly and peacefully away.

Clare and Zac wish to let the residents know Beryl was good neighbour and friend to many good people.

Massive thanks also to nearby neighbour Malcolm for getting in touch and helping the newsletter get in contact with Clare for permission to put notice in the Cathays Monthly Update.

Privacy breaches!!

Something I always dread, every time I send this newsletter out to you all – I keep checking the 'sent box' to ensure that all your emails are on the BCC list.

That is not the privacy breach – for 5 of our local organisations, we've had a few whoopsies of sensitive information going out (yes everyone is under stress – and as billions of us are all glorified administrators whether we like it or not!) so I merely ask that you try and be careful with emails etc – mixing up names on emails is a common thing I found with 3 organisations.

We are only human – we do make mistakes!!

The emergence of the Cardiff Quartet!!

Yes I realise I have not written more about the collaborations of Penylan, Gabalfa, Roath and Cathays! Yet since 2018 there seems to be a lot more cross district collaboration on community efforts.

Richard Treweek - RIP

The 2nd of our Curry Quintet has sadly passed away on Monday, 15th April. Richard's wife Mrs Kathy Treweek has given us permission to write something in this community update.

Richard (and his brother Kevin – who passed in 2021) were born on Florentia Street and were the atypical chalk and cheese brothers, enjoying Cathays in it's prime in the 1960's and 1970's.

As a long term-staff working on repairing the buses in the 1980's onwards – we did hear some peculiar stories about newbie instructor drivers taking the double decker's under the low bridges with obvious consequences …. Sometimes we suspected they deliberately enticed the nasty bus manager to sit upstairs on the bus on purpose!

A regular on Saturday night at the Cons Club, Richard was well liked, a very cool dude with his passion of music (live bands in the 70's, through to the 2000's) and stories about the many gig's he and Kevin attended.

Richard's funeral will be on Tuesday, 7th May at the Thornhill Crematorium at 10am.

Blossoming romances ….

In recent months it has been a real pleasure to see some long-term friends begin to couple. Three new couples have come together in recent times – which many residents have praised and are very happy to see these new emerging romances.

Congrats to our new parents & their newborns!

Cathays three recent new editions means the tiny patter of little feet – it's been requested the family names are omitted – yet it is great news to hear a few more local babies have come into the world of Cathays!

5 year and 10 year plan!!

In the space of 4 weeks, I have been amazed by how many people have brought up the issue of building 10 year plans (some said 5 year plans!) for various respective local community efforts.

It is very re-affirming with residents leading initiatives, school leaders, business leaders etc having quipped the need for 10 year plans on our local efforts. Good stuff!!

Cathays Local Businesses

The 'Your Cathays online CALENDAR' in May:

Links: ***https://www.yourcathays.org.uk/***

Scroll down the front page or click on internet link here: CALENDAR – What's on this month – enjoy!

Get your entries in please!

Please help to repopulate this monthly online Cathays Calendar – for those with entries on the calendar, please ensure the information is updated with times, links etc.

Basic/Uncategorised | Health, Fitness & Sports | Local Business | Volunteering & Activism | Social & Recreation | Art, Music & Culture

May 2024

MON	TUE	WED	THU	FRI	SAT	SUN
29	30	**1** 10:00 am: Bute Park - Plant Sales EVERY Wednesday 6:45 pm: Cardiff Greenpeace @ Temple of Peace - 1st Wednesday of each month	**2** 2:00 pm: Heritage FAN [Friends And Neighbours] 2pm at Cathays Library 7:30 pm: Blues Dragon & Blues - First Thursday of each month	3	**4** 10:00 am: Repair Cafe Cathays - every 1st Saturday of the month 11:30 am: XR Cardiff - Monthly Meetings - first Saturday of each month @ Quakers - Charles Street	***5***
6 7:00 pm: Cathays Brass - every Monday evening!! 7:00 pm: Cathays PACT - Bi-Monthly: Feb, April, June, Aug, Oct, Dec @ Venue TBC	**7** 10:30 am: Baby & Toddler Group - EVERY Tuesday @ 'The Table' - Pentyrch Street 10:30 am: Weekly Tuesday 'Cathays Cemetery Walk' (Walk for Health) 11:00 am: Tea & Cakes - The first Tuesday of each month @ Ffotogallery	**8** 10:00 am: Police Community Access Point - weekly @ Sherman Theatre 12:00 pm: Home Grown Vegetable for sale - EVERY Wednesday	**9** 4:30 pm: Youth Club @ Cathays Community Centre - EVERY Thursday	**10** 6:30 pm: IYP - Youth Club @ Cathays Community Centre EVERY Friday	**11** 11:00 am: Foodbank @ Woodville Baptist Church - EVERY Saturday	**12** 1:00 pm: United Community Social - EVERY Sunday @ Brodies Cafe (North Road)
13 9:30 am: Story Time for Under 5's - English 7 Welsh Medium - EVERY Monday	**14** 2:00 pm: Memory Lane (Dementia support group) EVERY Tuesday	**15** 10:00 am: Coffee Morning - EVERY Wednesday @ Cathays Community Centre	16	17	**18** 10:00 am: Plant sales @ Bute Park - every Saturday	19
20 6:00 pm: Embassy Youth Club - EVERY Monday early evening	21	22	**23** 12:00 pm: 'Cuppa with a Copper' - Bi-weekly @ Cathays Library 2:00 pm: Memory Lane (Dementia Support) EVERY Thursday	24	25	26
27	**28** 1:00 pm: Foodbank @ Woodville Baptist Church - EVERY Tuesday 1pm to 3pm	29	30	31		

FOI Time: What is a Zero Rated for Council Tax Property?

One of our Maindy Road long term residents who is well renowned for doing a significant amount of FOI [Freedom of Information] requests has been looking into the recent issue of 'Zero Rated For Council Tax Property'.

The latest Cathays Labour news stated regarding parking that there were a number of proposals including one which would restrict residents parking to any property which zero rated for Council tax

This was the result of an FOI request I made:

FOI21273

*Thank you for your request received on **12/04/2024** about **Zero rated properties.***
We have handled your request under the Freedom of Information Act (FOIA).

Request and Response/Exemptions

1. Please advise how many properties in Cardiff are zero rated for Council Tax.
As of 1stApril 2024, there are 13,731 properties that are exempt from Council Tax.

2. Please advise how many properties in Cathays are zero rated for Council Tax.
As of 1stApril 2024, there are 2,948 properties in Cathays that are exempt from Council Tax.

3. Are HMOs solely occupied by students zero rated properties for Council Tax.
Properties that are solely occupied by students are exempt from Council Tax.

Long term Resident of Maindy Road

Foodbank in Cathays – donating and collection for May 2024

Link: ***www.cardiff.foodbank.org.uk***

To quality for Foodbank – you need to get referred by your GP, our housing association, the Citizens Advice group or a Social worker!

Here you will be assessed and see if you qualify for the Foodbank voucher to use at the nearest Foodbanks to you!

Many residents, local businesses have asked how to help out – please do help to donate, or if you are a faith group, local business, school etc who wish to set up a foodbank – please contact Cardiff Foodbank and see how you can help out! Every donation (in the panel it highlights what we are short of!) welcome!

This list changes EVERY MONTH – so see what shortage/excess the Foodbank is experiencing and please help out by depositing in Foodbank Boxes at Sainsbury's, Lidl, Co-Operative etc. Thank you everyone for donating!

- **FRUIT JUICE – LONG LIFE (1 LITRE)**
- **SWEETS AND CHOCOLATE**
- **LONG GRAIN RICE (UP TO 1KG BAGS)**
- **SQUASH**
- **JAMS AND SPREADS**
- **TINNED MEAT**
- **TINNED FISH**
- **FRUIT JUICE (LONG LIFE, 1 LITRE)**
- **CONDIMENTS E.G. KETCHUP, MAYONNAISE, SALT, OIL ETC.**
- **SPONGE PUDDINGS/LONG LIFE CAKES**
- **WASHING UP LIQUID**

Please be aware this could change very quickly each month – so please check out the Cardiff Foodbank link to view our wants/excess list on: ***https://cardiff.foodbank.org.uk/give-help/donate-food/***

At present we have plenty of:

- **PASTA**
- **BAKED BEANS**
- **TEA**
- **CEREAL**
- **SWEETCORN**



Foodbank Cathays DONATION / drop off locations:

Deposit in Foodbank Boxes in Cathays at locations such as:

→ ***Al-Manar Centre*** – Glynrhhonda Road

→ ***Dar Ul Isra Mosque*** – Wyeverne Road *(please do drop off Saturday's between 11:30 and 12:30)*

→ ***Sherman Theatre*** – Box is on the right of entrance (also Warm Places)

→ ***Sainsburys*** – Woodville Road (regular opening hours)

→ ***Tesco*** – Cathays Terrace (regular opening hours)

We are grateful to learn that Dar Ul-Isra Foodbank has been nominated for the Co-Op community Fund 2022/2023 this year! Congrats!

Please do give where you can spare one thing on the right list box!

Thank you everyone who donates!

Felicity – Cardiff Foodbank
Gauri – Cardiff Foodbank
Barak – Al-Manar Centre
Mo – Dar Ul-Isra
Simon – Sherman Theatre

19,253

three day emergency food supplies were provided to local people in crisis by Cardiff Foodbank - of this number 7639 (39%) went to children.

£863

Average rent for a two bed in our city

MORE THAN 1 IN 5

of the UK population live below the poverty line

Cathays Local Businesses

Repair Café Cathays – 10am to 1:30pm @ Sherman Theatre – Saturday 4th May

Main website: ***https://repaircafewales.org/event/repair-cafe-cathays/all/***

Get your broken stuff repaired for FREE !!

When you arrive at Repair Café Cathays, register at the volunteer's desk – then please either scan the bar code to start the process, or …. Or alternatively – you can fill out the form online - ***https://repaircafewales.org/what-are-you-having-repaired-today/*** - and get your repairs undertaken)





There are Repair Stations for ***Information Technology***, ***PAT testing***, ***Textiles***, ***General***, ***Electrical***, ***Bike repair***, come and have a look at all the Repair stations!







email: ***repaircafecathays@gmail.com***

Social Media please search: ***Repair Café Cardiff***





Margaret, Colin, Melanie, Imants, John and everyone else - Volunteers
Repair Café Cathays

Cathays Local Businesses

Community Garden Gathering @ Cathays Community Centre – Saturday, 4th May



FAN talk: Art Deco Architecture in Wales @ Cathays Library – Thursday, 9th May

Website ***www.thefancharity.org***

Cardiff FAN: Cardiff Friends and Neighbours

The FAN Charity: bringing people together to meet, listen and talk.



For May the topic is going to be:

Art Deco Architecture in Wales

Come and get involved in reading up on the history of Welsh Art Deco Arhitecture!

Come to a FAN (Friends and Neighbours) Group! You'll meet friends and neighbours and feel more hopeful for the world.

All FAN Groups are free and open to all but we are a charity and rely on funding to continue our work. If you feel you are able to give please go to *www.thefancharity.org* Your support will mean that we can host FAN Groups for free, for everyone.

Website ***www.thefancharity.org***
Tel: 07512 638792
Facebook: thefancharity Twitter @thefancharity

Come to a FAN (Friends and Neighbours) Group! It's a great opportunity for local people to meet newcomers; you'll meet friends and neighbours and feel more hopeful for the world.

You are welcome to attend any of the meetings wherever they are based geographically and we also extend a warm welcome to people who are learning English and would like to practise their skills in a supportive and friendly environment.

The FAN Charity
Registered Charity No. 1134900
Companies House No. 7157056
FAN IS GRATEFUL FOR THE SUPPORT OF
I'm a Dementia Friend
You can join me at dementiafriends.org.uk

Janina Kuczys - Development and Support Officer for
FAN (Friends and Neighbours) in Cardiff

Foodies Festival @ Bute Park – Friday 10th to Sunday 12th May



The UK's biggest touring food & drink festival returns to Bute Park 10-12th May for a huge celebration!

With live music from the fantastic Peter Andre, chart-topping singer songwriter Example, and a fusion of live orchestra + Ibiza classics from Ibiza Philharmonic and many more bands across the weekend!

Discover a huge variety of mouth-watering food and drink, see live cooking demos from top chefs & bakers plus much more!

NEW attractions for 2024 include a family friendly silent disco, a fun cook school and an awesome fire pit! Visitors will also enjoy three days of live music with chart-topping bands and local up & coming artists TBA! Advance tickets are on sale now! Book now and save up to 20%.

AGM @ Makintosh Community Garden (Roath) – Saturday, 18th May

Mackintosh Community Garden Needs You!

Please join us for our Annual General Meeting:
Saturday 18th May 1:30pm @ Mackintosh Sports Club
38 Keppoch Street, Cardiff CF24 3JW

Mackintosh Community Garden is a magical corner of Roath that is open to the public every Saturday (weather permitting) 10am – 1pm.

The garden is run 100% by volunteers, and **to keep the garden open we need more people**. If you have a few hours a month to spare, you're invited to our AGM to find out how you can get involved.

Gardening knowledge isn't required, but a passion for keeping public spaces such as the community garden open is essential.
If you have any questions, contact us on our social media or drop us an email
macgardenroath@gmail.com

MackintoshCommunityGarden

mackintoshcommunitygarden

Café @ St Michael's Church – Saturday, 18th May



Caroline – Vicar
St Michaels Church

The World without us @ Ffotogallery – Friday 24th May onwards

ffotogallery

Fanny Street
Cathays

Website ***https://www.ffotogallery.org/programme/the-world-without-us***

NEW EXHIBITION: THE WORLD WITHOUT US

Image by/property of Gareth Phillips



Gareth Phillips, Heather Ackroyd & Dan Harvey, Lauren Pitson, Mike Perry, Sophie Gerrard & Yangzi QIU.

24 May - 10 August

Exhibition Preview: Thursday 23 May, 6 - 8pm

The World Without Us brings together a group of artists inspiring us to look more closely at our relationship with the natural environment and the climate crisis gripping our planet.

Through their experimental and innovative approaches, the artists encourage us to consider photography's role in climate activism and question how we care for and connect with our surroundings.

As we stand at this critical juncture for the future of the planet, the works on display serve as a rallying call to shift our perspective on nature as an infinite resource, and to consider more deeply our impact and legacy on the landscape for future generations.

The World Without Us is part of Interventions: Gallery Reset - a series of gallery 'takeovers' made possible with Art Fund's 'Reimagine' grant, providing new opportunities for artists to experiment, challenge and ask provocative questions, with a focus on themes such as identity, migration, gender, social inequality and the environment.

Cath – Manager
Ffotogallery

Cathays Local Businesses

June 2024 – Cathays Monthly Update

Cathays Fair 2024 is happening!

Let's get everyone out and talking to our neighbours on ***Saturday, 6th July 2024***

Anything to increase community connection, footfall for local businesses etc!

Regards,

Paulus